



**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

**SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY**

NEWSLETTER

JANUARY — 2026 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101



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People at the Heart

The Strategic Role of Purpose-Driven HR



Saiguru S

Head - Central HR, Prashanthi Balamandira Trust

Human Resources (HR) plays a vital role in advancing the vision and mission of One World One Family (OWOF) Global Humanitarian Mission by strengthening the people who drive its mission in education, healthcare and nutrition. By recruiting professionals who are not only skilled but also deeply aligned with the values of compassion, integrity, and service, HR ensures that the organisation is supported by a committed and purpose-oriented workforce through individual transformation.

By attracting skilled professionals who are equally committed to social responsibility, HR helps create a purpose-driven workplace focused on delivering high-quality and accessible care. Transparent policies, ethical practices, staff welfare and structured performance systems foster trust and accountability, enabling employees to perform at their best. Continuous learning initiatives and training further strengthen capabilities and skills, ensuring that teams remain responsive to evolving and challenging educational and healthcare system needs.

In healthcare, particularly at Sri Madhusudan Sai Institute of Medical Sciences and Research, HR supports the delivery of quality and compassionate care by implementing transparent policies, promoting ethical practices, and prioritising employee well-being. A supportive and deeply connected workplace enables healthcare professionals to remain motivated and resilient, ultimately enhancing patient care and service effectiveness.

Equally important is the emphasis on employee well-being and engagement. Supporting caregivers in a demanding healthcare environment enhances motivation, resilience, and collaboration-ultimately improving patient experiences. Through strong people practices and a culture grounded in respect and empathy, Human Resources serves as a key driver in sustaining the institute's commitment to dignified, compassionate, and impactful education and healthcare for the communities it serves.

By cultivating leadership, strengthening employee engagement, and aligning people practices with institutional values, following the principles of 5Cs (Concern, Communication, Collaboration, Cleanliness, and Continuous Improvement) and 5Ds (Duty, Devotion, Discipline, Discrimination, and Detachment), Human Resources serves as a key enabler in translating vision into action. Strong HR foundations not only enhance operational excellence but also empower the organisation to expand its reach and create a meaningful, lasting impact on the communities it serves by following the universal theme of "Vasudhaiva Kutumbakam".



**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



SRI SATHYA SAI SARLA MEMORIAL HOSPITAL



CT SCAN



CATH LAB



MRI

Salient Features

October 2021 to January 2026

Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Operating Theatres	ICU Beds	Total Beds
1,358,483	61,068	38,598	7,442	7	42	360

January 2026

Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Outpatients Per Day	Doctors	Other Staff
33,707	1,452	1,015	162	1,404	205	732

Departments

Clinical Departments

- General Medicine
- General Surgery
- OBG
- Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery
- Immunology
- Genomics
- Robotic Surgeries in CTVS and Orthopaedics

Specialities with Visiting Faculty

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



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SRI SATHYA SAI RAJESWARI MEMORIAL BLOCK



Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

COURSES OFFERED

Undergraduate Courses

Courses	Seats
• MBBS Course	50
• B.Sc. Nursing	60
• B.Sc. Mental Health	15
• B.Sc. Optometry	20
• B.Sc. Medical Imaging Technology	20
• B.Sc. Medical Laboratory Technology	20
• B.Sc. Operation Theatre Technology	20
• B.Sc. Cardiac Care Technology	05
• B.Sc. Perfusion Technology	05

Postgraduate Courses

Courses	Seats
• MD Anatomy	02
• MD Physiology	02
• MD Biochemistry	02
• MD Pathology	03
• MD Microbiology	03
• MD Community Medicine	03
• MD Pharmacology	02
• MD General Medicine	04
• MD Anaesthesia	04
• MD Paediatrics	03
• MD Radiology	02
• MS General Surgery	04
• MS Obstetrics & Gynaecology	04
• MS Orthopaedics	03
• MS Ophthalmology	02
• MS Otorhinolaryngology	02

Departments

Pre and Para Clinical Departments

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

Global Expert Shares Clinical Insights at SMSIMSR

Addressing Internet and Screen Addiction

Department of Psychiatry and Clinical Psychology, Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), organised a highly enriching guest lecture on Internet and Screen Addiction, an increasingly significant mental health concern in today's digitally driven world.

The session was delivered by **Dr Hilarie Cash, PhD**, a globally recognised authority in the field of internet addiction. Drawing from her extensive clinical experience, Dr Cash provided a clear and structured understanding of the nature and definition of internet addiction, situating it within contemporary psychiatric and behavioural frameworks. A key highlight of the session was the presentation of real-world case studies from Dr Cash's years of clinical practice.

She shared practical, evidence-based guidelines for healthy screen use, emphasising early intervention, parental involvement, and the importance of fostering balanced digital habits. These recommendations were particularly relevant in the context of rising screen exposure among younger populations.

The lecture proved to be deeply thought-provoking and highly beneficial in broadening the participants' understanding of internet and screen addiction as an emerging clinical issue, while also reinforcing the need for awareness, preventive strategies, and compassionate, informed mental healthcare responses.

The session was part of SMSIMSR's continuing commitment to enabling students and clinicians to grow alongside contemporary health challenges through academic engagement, interdisciplinary dialogue, and ongoing professional education.



Dr Hilarie Cash at SMSIMSR



CME held at SMSIMSR

03 January, 2026

Compassionate Healthcare Beyond Borders

Signing of MoU between SMSIMSR, India and Zakat Chamber, Sudan

At Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), healthcare is guided by a deeply held belief that no one should be denied medical care because of geography, income, or circumstance. Healthcare at SMSIMSR is rooted in compassion, dignity, and service to humanity.

This philosophy finds natural alignment with the spirit of Zakat, an Islamic principle that upholds social responsibility through structured and respectful giving. United by these shared values, SMSIMSR has entered into two significant partnerships with the Zakat Chamber of Sudan through the Staff Treatment Fund (STF) and the Unified Treatment Fund (UTF).

Through these collaborations, Sudanese patients in need of advanced and super-specialty care often unavailable in their home country are able to access world-class treatment at SMSIMSR in India. While Zakat funds support treatment, travel, and patient needs, SMSIMSR ensures ethical, compassionate medical care and continuity throughout the patient journey.

Beyond individual healing, the partnership also focuses on long-term impact by enabling training and observership opportunities for Sudanese medical professionals, strengthening healthcare capacity at home.

This collaboration stands as a testament to how shared values, when translated into action, can allow healthcare to transcend borders and restore hope where it is needed most.



SMSIMSR exchanging MoU with Zakat Chamber, Sudan

10 January, 2026

Healthcare Education Through Experience

SMSIMSR Hosts Students from Sri Skanda Education Institute

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) organised an educational tour for students of Sri Skanda Education Institute, offering them an opportunity to gain firsthand exposure to the institute's facilities and values-driven healthcare model.

Sri Skanda Education Institute is an organisation dedicated to empowering women through holistic and practical skill development offered via certificate programmes, with a particular emphasis on enriching and upskilling educators. The shared emphasis on education, service, and social responsibility resonated strongly throughout the interaction.

As part of the visit, the students were taken on a guided tour of the SMSIMSR campus, providing insights into the institute's infrastructure, academic environment, and patient-centric approach to healthcare. The programme also featured an engaging and informative session by **Dr Raghupathi, Director – Liaison and Strategic Growth, SMSIMSR**. In his address, Dr Raghupathi spoke about the noble initiatives undertaken under the One World One Family mission, highlighting SMSIMSR's commitment to service, compassion, and inclusive healthcare.

Mrs Suma B S, Founder and CEO of Sri Skanda Education Institute, expressed her deep appreciation for the visit and conveyed her keen interest in exploring avenues for continued collaboration between the two institutions.



Students of Sri Skanda Education Institute at SMSIMSR

18 January, 2026

Advancing Awareness and Contemporary Perspectives

Multidisciplinary CME at SMSIMSR

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) successfully concluded a Continuing Medical Education (CME) programme on Digital Addiction, organised by the Department of Psychiatry and Clinical Psychology. The programme served as an important academic platform to address the growing challenges associated with excessive digital engagement and its impact on mental health across age groups.

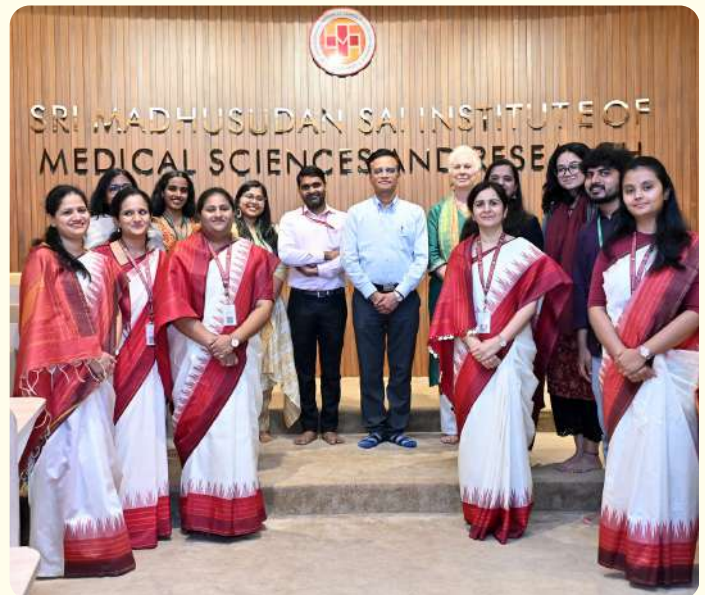
The CME was graced by **Dr Satish Babu, Director of Academics, SMSIMSR**, as the Chief Guest. The academic sessions featured expert contributions from **Dr Manoj Kumar Sharma, Dr Hilarie Cash,** and **Dr Rajesh Kumar**, whose lectures provided multidisciplinary perspectives on digital addiction, combining clinical insight, research-based evidence, and practical intervention strategies.

The CME proved to be an enriching academic experience, encouraging reflection on digital well-being and reinforcing the importance of awareness, early identification, and compassionate mental healthcare. Through a series of insightful lectures, interactive workshops, and open discussions, participants explored the concept of digital addiction with a balanced approach rooted in empathy, scientific understanding, and responsible technology use.

The success of the programme highlighted SMSIMSR's continued commitment to advancing mental health education and promoting healthy engagement with technology through structured academic initiatives.



Interactive Continuing Medical Education (CME) programme on Digital Addiction held at SMSIMSR



Dignitaries and Organisers of Continuing Medical Education (CME) programme on Digital Addiction

23-24 January, 2026

Institutional Dialogue on Public Health Schemes

SMSIMSR Hosts Yeshasvini Scheme Interaction Programme



Dr Shankar, Deputy Registrar of Co-operative Societies (DRCS), Chikkaballapura speaking at SMSIMSR



Co-operative Society Secretaries gathered at SMSIMSR

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) hosted the Co-operative Society Secretaries on 22 January 2026, with the objective of strengthening the effective implementation of the Yeshasvini Health Scheme and enhancing access to quality healthcare for eligible beneficiaries.

The event was graced by the presence of several eminent dignitaries, including **Dr Shankar, Deputy Registrar of Co-operative Societies (DRCS), Chikkaballapura; Dr Dhanunjay, PM-JAY State Co-ordinator; Dr Madhumathi, Yeshasvini Project Manager; and Mr Kumar, Yeshasvini Trust Manager.** In their addresses and interactions with the participants, the speakers emphasised the importance of increasing enrolment under the Yeshasvini Scheme to ensure wider coverage and financial protection for members of the co-operative sector.

The dignitaries also provided practical guidance on key aspects of scheme implementation, including patient referrals, card utilisation, processing workflows, and escalation mechanisms. These discussions aimed to ensure seamless coordination and timely delivery of healthcare services to beneficiaries, while maintaining transparency and efficiency.

The programme brought together institutional leadership and key stakeholders on a common platform to reaffirm a shared commitment to affordable, accessible, and compassionate healthcare.

24 January, 2026

Global Leadership in Service and Compassion

Rotary International Leaders Engage with SMSIMSR

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) was honoured to host **Rtn. Holger Knaack, Chair — The Rotary Foundation** and **Past President**, Rotary International, along with his partner **Ms Susanne**, and **Past District Governor Rtn. Jeetendra Aneja** at Sathya Sai Grama on Saturday, 31 January 2026.

Rotary International has long exemplified a steadfast commitment to advancing social progress through service and global collaboration. The organisation has been an invaluable partner to SMSIMSR, supporting multiple healthcare and community-focused initiatives, and standing alongside the institution in its mission to deliver quality healthcare to all.

During the visit, Rtn. Holger Knaack engaged in a detailed interaction with **Dr Raghupati, Director – Liaison and Strategic Growth, SMSIMSR**. The discussion provided insights into SMSIMSR's vision, healthcare delivery model, and its commitment to serving underserved populations through the principles of equity and compassion. The dignitaries were also given a guided tour of the campus, offering them a comprehensive overview of the institute's infrastructure, clinical facilities, and patient-centric approach.

A significant highlight of the visit was Rtn. Holger Knaack presiding over a meaningful Gift of Life Ceremony, symbolising Rotary International's enduring impact on individuals, families, and communities through life-changing service initiatives.

Sri Madhusudan Sai Institute of Medical Sciences and Research expresses its sincere gratitude to Rotary International for its continued partnership and unwavering support.



Dr Raghupati felicitating Rtn. Holger Knaack



Dr Raghupati interacting with Rtn. Holger Knaack, his partner Ms Susanne, and Rtn. Jeetendra Aneja

31 January, 2026

Technology and Service in Partnership

Netcracker Technology Donates Campus Mobility Buggies to SMSIMSR

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) was delighted to welcome Team Netcracker Technology to Sathya Sai Grama on Saturday, 31 January 2026. The visit reflected the strong partnership shared between the two organisations, united by a common commitment to social responsibility and service-driven healthcare.

A global leader in AI-driven telecommunications solutions, Netcracker Technology has been a valued partner in SMSIMSR's ongoing mission to strengthen accessible, compassionate, and patient-centric healthcare delivery.

The occasion was marked by the inauguration of four buggies generously donated by Netcracker Technology, aimed at supporting smoother mobility across the SMSIMSR campus and enhancing patient access to services. The buggies were formally inaugurated by **Mr Ananth Kumar, Manager – Admin and Facilities, Netcracker Technology**, whose presence underscored the organisation's continued engagement with meaningful community initiatives.

SMSIMSR extends its sincere gratitude to Team Netcracker Technology for their generous support and steadfast commitment to corporate social responsibility. Such partnerships play a vital role in enabling the institute to further its mission of delivering healthcare with dignity, compassion, and efficiency.



Mr Ananth Kumar inaugurating campus mobility buggies



Campus mobility fleet supported by NetCracker Technology

31 January, 2026

Restoring Childhood Through Compassionate Care

SMSIMSR Treats Complex Congenital Heart Condition



Nyashadzahse Shekaina with her mother

For fourteen-year-old **Nyashadzahse Shekaina** from **Zimbabwe**, childhood had long been defined by breathlessness and uncertainty. Diagnosed early in life with **Tetralogy of Fallot**, a complex congenital heart condition, Nyasha faced repeated hospitalisations and prolonged absence from school. Despite ongoing medical care in her home country, definitive treatment remained inaccessible.

Her journey to healing became possible when she was referred to Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR). At SMSIMSR, detailed cardiac evaluation, including echocardiography, CT angiography, and cardiac catheterisation, confirmed the presence of major aortopulmonary collateral arteries (MAPCAs) and a large malaligned ventricular septal defect (VSD) contributing to her condition.

Nyasha first underwent a MAPCAs procedure in the Cardiac Catheterisation Laboratory, performed by **Dr Annie Arvind, Paediatric Cardiologist**, to optimise pulmonary blood flow. On the same day, she underwent definitive corrective surgery led by **Dr C S Hiremath, Chief Cardiac Surgeon and Director – Heart Valve Bank**, during which the VSD was successfully closed and obstruction in the pulmonary artery was relieved.

Under the dedicated and compassionate care of the SMSIMSR team, Nyasha made a steady recovery and has now returned to Zimbabwe healthy and breathing freely, prepared to return to her education.

Her story stands as a testament to the transformative vision of the One World One Family Mission that guides every aspect of care at SMSIMSR.

Testimonials

SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services



Gratitude

The more we share, the more it grows.



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