



**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

**SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY**

NEWSLETTER

FEBRUARY — 2026 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101

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Advancing Care Through Operational Excellence

Advancing the OWOF vision at SMSIMSR



Tanmay Hegde

Chief Operating Officer, SMSIMSR

In a healthcare ecosystem where access and affordability often remain barriers **Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR)**, strives to demonstrate that world-class medical care can be delivered with both efficiency and empathy. Our commitment to the One World One Family (OWOF) mission guides every aspect of our work. As an institution founded on the principle of providing high-quality healthcare to all, operational efficiency is not simply an administrative goal, it is a moral responsibility.

Operational excellence in departments such as Biomedical Engineering, Maintenance, Facility Services, Pharmacy, etc., ensures that our doctors, nurses and support staff can focus on what matters most: patient care. By streamlining processes, integrating technology and fostering a culture of collaboration and accountability, we are building a resilient institutional framework that supports our larger humanitarian mission.

This year marks an especially exciting milestone for our institution. The upcoming launch of our new 600-bed hospital represents not only an expansion of infrastructure but also an expansion of our vision. With enhanced facilities, increased patient capacity and new opportunities for clinical excellence, the new hospital will significantly strengthen our ability to serve communities in need. It will also provide an enriched environment for medical education, research and interdisciplinary collaboration.

As we look toward the future, our focus remains clear: to continually refine our operations while staying firmly anchored in the values that define SMSIMSR — integrity, compassion and service to humanity.

Together, we work to ensure that compassionate, high-quality healthcare reaches every individual who needs it.



**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



SRI SATHYA SAI SARLA MEMORIAL BLOCK



CT SCAN



CATH LAB



MRI

Salient Features

October 2021 to February 2026

Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Operating Theatres	ICU Beds	Total Beds
1,390,974	62,644	39,617	7,619	7	42	360

February 2026

Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Outpatients Per Day	Doctors	Other Staff
32,491	1,576	1,019	177	1,354	203	738

Departments

Clinical Departments

- General Medicine
- General Surgery
- OBG
- Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery
- Immunology
- Genomics
- Robotic Surgeries in CTVS and Orthopaedics

Specialities with Visiting Faculty

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



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SRI SATHYA SAI RAJESWARI MEMORIAL BLOCK



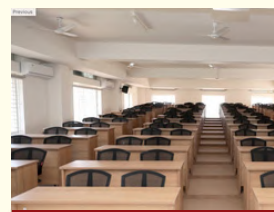
Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

COURSES OFFERED

Undergraduate Courses

Courses	Seats
• MBBS Course	50
• B.Sc. Nursing	60
• B.Sc. Mental Health	15
• B.Sc. Optometry	20
• B.Sc. Medical Imaging Technology	20
• B.Sc. Medical Laboratory Technology	20
• B.Sc. Operation Theatre Technology	20
• B.Sc. Cardiac Care Technology	05
• B.Sc. Perfusion Technology	05

Postgraduate Courses

Courses	Seats
• MD Anatomy	02
• MD Physiology	02
• MD Biochemistry	02
• MD Pathology	03
• MD Microbiology	03
• MD Community Medicine	03
• MD Pharmacology	02
• MD General Medicine	04
• MD Anaesthesia	04
• MD Paediatrics	03
• MD Radiology	02
• MS General Surgery	04
• MS Obstetrics & Gynaecology	04
• MS Orthopaedics	03
• MS Ophthalmology	02
• MS Otorhinolaryngology	02

Departments

Pre and Para Clinical Departments

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

Building Bright Futures with Stanford University

Advancing Maternal, Neonatal and Early Childhood Care

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) co-hosted a Continuing Medical Education (CME) programme titled "Building Bright Futures from Womb to the World", in collaboration with **Stanford University School of Medicine**. Designed to address critical stages of care from pregnancy to early childhood, the CME brought together clinicians, postgraduate trainees and nursing professionals for a series of focused academic sessions.

Expert-led discussions explored key areas such as how to care for babies who are smaller than expected at birth, advances in neonatal respiratory support and the importance of quality-driven neonatal resuscitation. Additionally, the programme provided hands-on workshops in neonatal and paediatric resuscitation. These practical sessions enabled participants to engage directly with simulation-based learning, refine technical skills and strengthen confidence in clinical decision-making during high-stakes scenarios.

Beyond academic learning, the CME served as a platform for the exchange of global perspectives on compassionate, patient-centred care. The collaboration reflected the ethos of Sri Madhusudan Sai Institute of Medical Sciences and Research, which is rooted in delivering high-quality, cost-free healthcare while nurturing a culture of continuous learning among healthcare professionals.

Through initiatives such as this CME, SMSIMSR continues to invest in building globally capable and empathetic healthcare teams.



CME team and guests from Stanford University at SMSIMSR

03 February, 2026

Sadguru Sri Madhusudan Sai Addresses Rotary Leaders

A Call for Inclusive, Service-oriented Leadership at Vismaya 2026

Sadguru Sri Madhusudan Sai set the tone for a thoughtful and purpose-driven dialogue on service, responsibility and collective action at **Vismaya – District Conference 2026**, organised by **Rotary International District 3192**. The conference, held at Clarks Exotica, convened leaders from diverse sectors, united by a shared aspiration to translate values into meaningful social impact.

The programme featured an engaging fireside conversation with Sadguru, **Rtn Prof Elizabeth Cherian, District Governor, Rotary International District 3192** and **Rtn Vish Iyer**, where themes of ethical leadership and service-led development were explored. Sadguru highlighted healthcare as a fundamental human right, stressing the urgency of ensuring that quality medical care is accessible and affordable for all.

During his conversation, Sadguru reflected on the ideal of “One World. One Family.” presenting spirituality not as abstraction, but as lived action. Drawing inspiration from the universal teachings of **Bhagawan Sri Sathya Sai Baba**, he emphasised that the truest measure of faith lies in selfless service, particularly to those most vulnerable. His address called for compassion that is inclusive, consistent and grounded in everyday practice.

Reaffirming the strength of institutional partnerships, Sadguru assured Rotary of continued access to free, high-standard healthcare services across all affiliated healthcare institutions. This assurance reflected a shared vision of sustainable social transformation rooted in collaboration and trust.



Sadguru Sri Madhusudan Sai, with Rtn Prof Elizabeth Cherian and Rtn Vish Iyer

07 February, 2026

Wellness as a Foundation for Service

SMSIMSR Strengthens Volunteer Well-being Through Ongoing Sessions



Ms Varsha Murkhandi leading a wellness session



Mrs Vidhya Ramasubramanian conducting a wellness session

The **Department of Nutrition and Dietetics at Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR)** conducted two health education and orientation sessions for **Sri Sathya Sai Seva Dal** volunteers in February 2026, reinforcing the institute's commitment to the holistic well-being of those who support its healthcare mission. Seva Dal members are dedicated volunteers who selflessly offer their time and effort to assist hospital staff and support compassionate patient care.

As part of SMSIMSR's weekly orientation initiative for new volunteers, an interactive session held on 10 February 2026 brought together nearly 100 participants. The session was led by **Mrs Vidhya Balakrishnan, Senior Dietitian** and qualified **Naturopathy and Yoga Therapist**, along with **Ms Varsha Murkhandi, Senior Dietitian**. The discussion focused on stress management, nutrition and holistic well-being. Volunteers were guided through simple stretching routines and breathing practices such as Anulom Vilom and Bhramari Pranayama, while also learning about digestive health, sleep hygiene and balanced diets.

A second session on 21 February 2026 was conducted by **Mrs Vidhya Ramasubramanian, Head of the Department of Nutrition and Dietetics**. She emphasised the connection between physical and mental health, the benefits of mindful eating and healthy sleep habits, and the importance of simple lifestyle choices that add "health to the years."

The sessions strengthened the spirit of collaboration between hospital staff and Seva Dal volunteers, whose service remains central to SMSIMSR's compassionate care environment.

10-21 February, 2026

A Gesture of Service from Lions Club

Supporting Patient Mobility Through Wheelchair Donation



Team SMSIMSR interacting with Lions Club International District 317F members



Lions Club International District 317F donating wheelchairs at SMSIMSR

A simple gesture, when guided by purpose, can create a lasting impact. In this spirit of service, **Lions Club International District 317F** extended meaningful support to **Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR)** through the donation of ten wheelchairs, reinforcing a shared commitment to patient dignity and accessible care.

The initiative was undertaken under the leadership of **Ln Pradeep Kumar, Region Chairperson**, whose guidance reflects the Lions' enduring dedication to community welfare. The Lions delegation, led by **Ln Narayana Swamy CM, Chairman, LDSF**, formally handed over the wheelchairs in an initiative that directly enhances patient mobility and comfort within the hospital.

Wheelchairs play a vital role in ensuring patient independence, safety and dignity, particularly for those navigating recovery or long-term care. This contribution will directly support patients and caregivers, enabling smoother movement within clinical spaces and improving overall care experiences.

The handover was received by the SMSIMSR leadership team, including **Dr Padmasri Ramalingappa, Medical Superintendent; Mr Ashimavo Dutta, Chief Financial Officer; and Mr Tanmay Hegde, Chief Operating Officer**, in the presence of the institute's CSR team. The moment reflected not just the transfer of equipment, but the strengthening of a partnership grounded in empathy and shared values.

We express our sincere gratitude to Lions Club International District 317F for standing alongside us in our mission to deliver high-quality, cost-free healthcare rooted in respect for every individual.

11 February, 2026

Precision Medicine in Action at SMSIMSR

Training Clinicians for Real-world Precision Medicine



Dr Raghupathi A R presenting the training certificate to Dr Irene Mathews at SMSIMSR.



Dr Irene Mathews interacting with patients

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) conducted an intensive week-long training programme on '**Translational Genomics for Clinicians**', reinforcing its commitment to precision medicine and clinician-led innovation.

The programme was attended by **Dr Irene Mathews, Assistant Professor of Dermatology, All India Institute of Medical Sciences, Patna**. Designed for practising clinicians, the course focused on enabling doctors to independently understand and execute computational genomics pipelines, allowing them to analyse genomic data without relying on commercial diagnostic vendors.

The hands-on training bridged clinical practice with genomic data interpretation, offering practical exposure to end-to-end workflows and real-world problem-solving. A notable outcome of the programme was its immediate clinical impact. During the course, Dr Mathews was able to resolve four cases of genetic skin disorders that had remained undiagnosed for an extended period, despite repeated external testing.

This programme marked a significant milestone for SMSIMSR, reflecting the institute's progress from establishing a fully operational genomics laboratory to actively building structured training pathways for clinicians and faculty at the national level.

16-20 February, 2026

Excellence in Neonatal Care at SMSIMSR

Advanced Resuscitation Programme Empowers Frontline Caregivers

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) in academic collaboration with the Indian Academy of Paediatrics successfully conducted an Advanced Neonatal Resuscitation Course on 21 February 2026.

The programme welcomed 30 participants comprising neonatologists, paediatricians, postgraduate trainees in paediatrics and neonatal and paediatric intensive care nurses. Clinicians from **Nandi Institute of Medical Sciences** joined peers from various hospitals, creating a dynamic learning environment that encouraged interdisciplinary exchange and collaborative problem-solving – essential elements in high-acuity neonatal care.

A distinguished panel of faculty guided the course, bringing together extensive academic and clinical expertise. Training was led by **Dr Chandrakala, Neonatologist, St John's Medical College; Dr Ashok Chandrasekaran, Neonatologist, SRM Medical College Hospital and Research Centre; Dr Prashanth YN, Neonatologist, Bangalore Baptist Hospital; Dr Sahana Devadas, HOD and Neonatologist, Bangalore Medical College; Dr Raksha, Associate Professor, Dayanand Medical College and Hospital; and Dr Prasad, Neonatologist, Rangadore Memorial Hospital, Bengaluru.**

The programme was coordinated by **Dr Joy Christ, Director, PICU and Deputy Medical Superintendent, SMSIMSR**, whose leadership ensured a cohesive, high-impact learning experience. Participants engaged in hands-on modules that enhanced technical competence while reinforcing teamwork during critical neonatal emergencies.

At Sri Madhusudan Sai Institute of Medical Sciences and Research, such initiatives reflect our enduring focus on capacity building, clinical excellence and compassionate care.



NRP Course team at SMSIMSR

21 February, 2026

Three Hearts, One Hope

Free cardiac care transforms young lives from Meghalaya



Wanteinam Pyngrope, Wanrishisha Syiemlieh and Ibanrisuk Jaktung,
with their families

At **Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR)**, Muddenahalli, the commitment to delivering world-class healthcare free of cost continues to change lives across India. Recently, SMSIMSR's paediatric cardiac team brought hope and healing to three young children from the rural interiors of Shillong, Meghalaya, each born with a Congenital Heart Defect (CHD), commonly referred to as a "hole in the heart."

For the families of **Wanteinam Pyngrope, Wanrishisha Syiemlieh and Ibanrisuk Jaktung**, the diagnosis initially brought deep concern and uncertainty about their children's futures.

Hope arrived through the **Sai Swasthya Wellness Centre in Shillong**, working in collaboration with **Meghalaya's National Health Mission (NHM)** and the **Rashtriya Bal Swasthya Karyakram (RBSK)**. Through early screenings and telemedicine consultations, the children's conditions were identified and connected to the expert cardiac team at SMSIMSR.

Following detailed evaluations, the children were transported to Karnataka with the support of the **District Early Intervention Centre (DEIC) team**. At SMSIMSR, they underwent advanced paediatric cardiac interventions completely free of cost. The procedures were successful and the children are have now returned home, after a speedy recovery under the care of the institute's dedicated specialists.

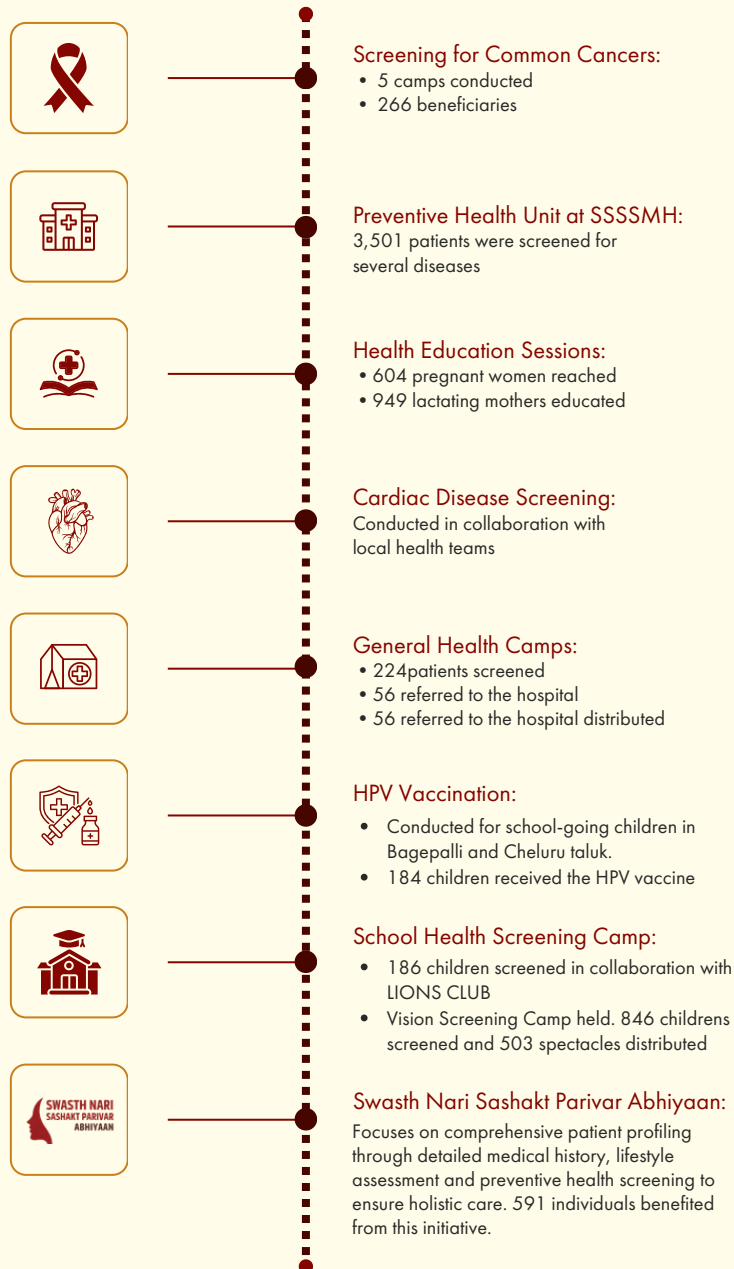
Their journey reflects the power of compassionate healthcare and the collaborative efforts that make life-saving treatment accessible to children, regardless of geography or financial circumstances.

Testimonials

Community Outreach – Department of Community Medicine, SMSIMSR

As of February 2026, our impact includes:

The Department of Community Medicine continues its dedicated mission to improve community health through targeted outreach and preventive care programmes. Our efforts span from early detection of diseases to empowering individuals with health education. Through these initiatives, the Department remains steadfast in its vision — building healthier communities through prevention, education, and compassionate care.



Community Outreach

SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services



Gratitude

The more we share, the more it grows.



February 2026 Edition

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