



**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

**SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY**

NEWSLETTER

DECEMBER — 2025 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101



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One World, One Family, One Promise of Care

Compassionate Care in Practice



Shobhna Gupta

Chief Finance and Strategic Advisor — SMSIMSR

The timeless Indian philosophy of Vasudhaiva Kutumbakam—the world is one family—forms the cornerstone of the mission of the Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR). Guided by this universal ideal and upheld under the guiding umbrella of the One World One Family (OWOF) mission, SMSIMSR stands as an institution answering the call to service not only across the nation, but across the globe.

Healing and healthcare are universal rights that transcend geographical boundaries, cultures, and identities. This belief was vividly reflected during the OWOF World Cultural Festival, a celebration that brought together diverse traditions, art forms, and cultural expressions from around the world. Through this meaningful convergence, we had the privilege of forging bonds that spanned continents and oceans, reinforcing the spirit of shared humanity.

In the last six months SMSIMSR has treated patients from over a dozen countries including Uganda, Zimbabwe, Nigeria, Malaysia, UAE, Australia, Italy, USA, Fiji and the UK. These patients have graciously shared their experiences of receiving World Class health care services with love and compassion at the core of all their interactions with our staff.

The presence of international patients on our campus is a testament to the global trust placed in our values-driven healthcare model, where compassion, dignity, and selfless service remain paramount. Ms Josephine Akinrinlola from Nigeria remarked that “being in this hospital felt like a home away from home.” Mrs Fortune from Zimbabwe also expressed her gratitude, sharing that “we felt like one family throughout her daughter’s heart surgery and recovery.”

Every patient who enters our institution is embraced not merely as a recipient of care, but as a cherished member of our extended human family. As we step into 2026 and continue our journey of service, SMSIMSR moves forward with renewed purpose—delivering compassionate healthcare to our Global Family.



**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



SRI SATHYA SAI SARLA MEMORIAL HOSPITAL



CT SCAN



CATH LAB



MRI

Salient Features

October 2021 to December 2025

Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Operating Theatres	ICU Beds	Total Beds
1,324,776	59,616	37,583	7,080	7	42	360

December 2025

Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Outpatients Per Day	Doctors	Other Staff
32,000	1,611	1,073	217	1,391	189	715

Departments

Clinical Departments

- General Medicine
- General Surgery
- OBG
- Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery
- Immunology
- Genomics
- Robotic Surgeries in CTVS and Orthopaedics

Specialities with Visiting Faculty

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



**Sri Madhusudan Sai Institute of
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India's First Free Rural Medical College



Sri Sathya Sai Rajeswari Memorial Block



Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

Courses Offered



**MBBS
Course**

50



**B.Sc.
Nursing**

60



**B.Sc. Mental
Health**

15



**B.Sc.
Optometry**

20



**B.Sc. Medical
Imaging
Technology**

20



**B.Sc. Medical
Laboratory
Technology**

20



**B.Sc. Operation
Theatre
Technology**

20



**DNB General
Medicine**

2



**DNB
General
Surgery**

2



**DNB
Anaesthesia**

4



**DNB
Paediatrics**

2



**DNB
OBG**

2



**DNB Diploma
OBG**

2



**DNB Diploma
Radio-diagnosis**

2

Departments

**NonClinical
Departments**

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

Global Collaboration in Medical Education

International Delegation Studies SMSIMSR's Free Medical Model

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) was delighted to welcome an esteemed delegation from the St. Luke's Medical Center Foundation and St. Luke's Medical Center College of Medicine – William H Quasha Memorial (SLMCCM-WHQM), Manila, Philippines, on 3 December 2025.

The delegation comprised **Dr Benjamin Campomanes**, President & Executive Director, St. Luke's Medical Center Foundation; **Prof Veincent Pepita**, Ateneo School of Public Health and Public Health Consultant & Program Manager at SLMCCM-WHQM; **Prof Sheila Santos-Jimenez**, Department of Ophthalmology; and **Dr Mae Campomanes**, Pulmonologist at SLMCCM-WHQM.

The visit was driven by a quest for understanding the Free Medical College and Free Hospital Model pioneered by SMSIMSR. During their visit they explored how a medical institution can function free of cost, while remaining sustainable, scalable, and rooted in service, reflecting the foundational philosophy guiding SMSIMSR: "When education is bought, service eventually gets sold."

Members of the delegation expressed deep appreciation for the impact, serenity, humility, and people-centric ethos that define SMSIMSR. They commended the institute's sustainability-focused approach and its ability to translate compassion into structured, high-quality medical education and healthcare delivery.

SMSIMSR looks forward to continued dialogue and meaningful collaboration with St. Luke's Medical Center Foundation, as both institutions work together to extend this transformative vision to new geographies and communities across the world.



SLMCCM-WHQM delegation at SMSIMSR

03 December, 2025

A Life-Saving Beginning

Human Milk Bank Inaugurated at SMSIMSR

Sri Madhusudan Sai Institute of Medical Sciences & Research (SMSIMSR) has taken a vital step towards strengthening neonatal care, with the Human Milk Bank project, supported by **Rotary International District 3192**. Inaugurated in the divine presence of **Sadguru Sri Madhusudan Sai**, this initiative is dedicated to providing safe, screened donor human milk to vulnerable and premature infants, giving them the best possible start during their most critical days of life.

The Human Milk Bank is a crucial resource for newborns who are unable to receive adequate nutrition from their mothers due to medical complications or unavoidable tragic circumstances. By providing access to safe donor human milk, the facility offers hope, nourishment, and strength to infants when they need it the most.

Rotary International has been a valued partner in SMSIMSR's mission to nurture life through service and social responsibility. Their unwavering commitment to community health has helped turn this vision into reality. Their contribution reinforces the power of collaboration in advancing healthcare outcomes for the most vulnerable, and ushering in a healthier tomorrow.

Guided by the visionary leadership of **Sadguru Sri Madhusudan Sai**, SMSIMSR continues to uphold its mission of delivering holistic, accessible, and compassionate healthcare. The establishment of the Human Milk Bank is yet another milestone in the institute's journey toward ensuring equity in healthcare.



Sadguru and Team Rotary at the inauguration of the Human Milk Bank at SMSIMSR



Human Milk Bank facility at SMSIMSR

17 December, 2025

Nurturing Our Hospital Heroes

SMSIMSR Engages Housekeeping Staff in Practical Wellness Session

The Department of Nutrition and Dietetics at Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) organised a staff enrichment programme dedicated to the essential members of our hospital family—the housekeeping staff—who perform a vital role in maintaining a safe and healthy environment for patients and colleagues alike.

Led by **Ms Vidhya Ramasubramanian**, HOD of Nutrition and Dietetics at SMSIMSR, the interactive session aimed to highlight simple yet impactful practices that can be incorporated into daily life. It was a gesture of gratitude for the diligence, sincerity, and commitment of the housekeeping staff, and emphasised the importance of personal health and well-being as a foundation for sustained productivity and performance.

Participants were encouraged to focus on following regular meal timings and appropriate meal frequency, and making informed food choices that include seasonal and locally available foods. The importance of adequate hydration and a balanced diet was emphasised, with special attention to the inclusion of iron-rich foods to support energy levels and overall health. In addition, the session underscored the benefits of soaking in natural sunlight for Vitamin D, as well as the role of good-quality sleep in physical and mental rejuvenation.

The interactive nature of the session allowed for meaningful exchanges, questions, and shared experiences, making it a valuable learning opportunity for all participants. It reinforced the understanding that individual health is an indispensable part of collective health, especially within a healthcare ecosystem.

This session marked the beginning of the nutrition team's continued efforts to promote health awareness among staff across clinical and non-clinical settings and it was a meaningful way to give a healthy start to the New Year 2026.



Staff Enrichment Programme organised by Department of Nutrition and Dietetics at SMSIMSR

20 December, 2025

Sadguru Launches Nemmadi Palliative Care Centre

A Collaborative Initiative Focused on Dignity in End-of-Life Care



Sadguru Sri Madhusudan Sai and Dr C N Manjunath at the inauguration of the Nemmadi Centre for Palliative Care



Sadguru Sri Madhusudan Sai with distinguished dignitaries at the Nemmadi Centre for Palliative Care

In the divine presence of **Sadguru Sri Madhusudan Sai**, the **Nemmadi Centre for Palliative Care** was formally inaugurated, marking a significant step towards compassionate and dignified care for end-stage patients. Nemmadi is an initiative supported by **Sukruthi Charitable Trust and Rotary Bangalore Midtown**, envisioned to serve those in need with empathy, comfort, and respect during the most vulnerable phase of life.

The inauguration was graced by several distinguished dignitaries, including **Dr C N Manjunath**, Hon'ble Member of Parliament and Honorary Medical Advisor at Nemmadi; **Rotary International Director Flt Lt K P Nagesh**; and **Shri Krishnappa**, whose benevolent donation of the land enabled the establishment of the centre.

Speaking on the occasion, **Dr C N Manjunath** remarked that **Sadguru Sri Madhusudan Sai** was the ideal person to preside over the inauguration, acknowledging His profound role in shaping a vision of global compassion and generosity. He described Sadguru as a God-sent Ambassador, embodying divine will through transformative initiatives such as SMSIMSR, **Annapoorna**, and **Sai Sure**, which continue to touch and uplift countless lives.

Addressing the gathering, **Sadguru Sri Madhusudan Sai** highlighted the growing global need for palliative and end-of-life care, particularly in the context of an ageing population. He expressed deep appreciation for the dedicated team behind Nemmadi, whose selfless efforts have culminated in a centre devoted entirely to service and solace.

As populations age worldwide, the demand for compassionate end-of-life care continues to rise. Centres like **Nemmadi** play a crucial role in ensuring that those in need are able to spend their remaining days in comfort, peace, and dignity—true to the spirit of selfless service that defines the SMSIMSR ethos.

21 December, 2025

SMSIMSR Achieves A Historic First in Cardiac Surgery

Free Totally Endoscopic Heart Surgery Restores Young Patient's Health.



Sneha N

For 29-year-old **Sneha N**, what began as unexplained breathlessness turned into a life-changing journey, one that restored not just her heart health, but her confidence and dreams for the future.

On 13th December, **Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR)** marked a historic milestone by successfully performing its **first totally endoscopic cardiac surgery**, one of the most advanced procedures in modern cardiac care. With this achievement, SMSIMSR became the third centre in India to perform this surgery, and the first in the world to offer it completely free of cost, staying true to the ethos of the **One World One Family Mission**: that advanced healthcare must be accessible to all.

Sneha, an MBA graduate from Bengaluru, was diagnosed with a congenital heart defect (atrial septal defect) just three months prior to surgery. The procedure was led by **Dr C S Hiremath**, Director – Heart Valve Bank & Chief Cardiac Surgeon — SMSIMSR, along with the SMSIMSR cardiac team, in collaboration with **Dr Sandip Sardar**, Chief Endoscopic Cardiac Surgeon, Manipal Hospitals, Kolkata.

Reflecting on the experience, **Dr Monalisa**, Chief Cardiac Anaesthetist from Manipal Hospitals shared her impressions, "I found this place to be very peaceful and divine. Every patient here seems genuinely happy with the care they receive."

For Sneha, the surgery has opened doors to a healthier, more confident future. Her journey stands as a powerful reminder of what becomes possible when cutting-edge medical technology meets compassion, collaboration, and service.

Testimonials

18 MILESTONES ONE REMARKABLE YEAR

2025

GIC Empanelment

Partnered with the General Insurance Council (GIC), representing 32 insurance companies, enabling seamless treatment with no copay or hidden charges.

Establishment of Human Milk Bank

Launched an essential resource in support of neonatal and maternal care.

IACS SCORE 2025

SMSIMSR, in collaboration with the Indian Association of Cardiovascular-Thoracic Surgeons successfully hosted the prestigious IACS SCORE programme

Establishment of Genomics Lab and Heart Valve Bank

launched advanced facilities to strengthen precision medicine and cardiac care.

Philips Innovation Campus Event

Hosted a public health dialogue on hypertension awareness in Bangalore.

Maha Kumbh Mela

Established a 15-bed hospital in Prayagraj, treating over **50,000 pilgrims free of cost**

NSE Fireside Chat

Participated in a fireside chat at NSE, discussing the landmark Social Stock Exchange (SSE) filing.

15th Elets Healthcare Innovation Awards

Awarded for Excellence in Rural Health Initiative

Heart Camp with Healing Little Hearts (UK)

Conducted life-saving cardiac surgeries free of cost for children with congenital heart conditions.

SMSIMSR becomes the first centre in the world to perform minimally invasive total endoscopic cardiac surgery **free of cost**.

MoU with SS Innovations International

Established South India's **First Robotic Cardiac Surgery Centre**

5th Karnataka State Conference of IAPSM

Hosted a state-level conference on "Lifestyle for Holistic Health."

SICA '25 Awards

Awarded in the Education Category at the 5th Social Impact Conference in New Delhi.

NSE Recognition

Rs 18,00,00,000

Commemoration of the launching India's largest Social Stock Exchange Public Issue (Rs 18 Crore)

Right to Heal

An event for raising awareness towards equitable healthcare

Save The Young Heart Conference

Organised an educational initiative for pediatricians and healthcare professionals.

Nandi Hills Monsoon Run

Served as the Official Medical Partner for 3,000 runners

15th Global Forum on Humanitarian Medicine in Cardiology & Cardiac Surgery – Along with the 6th Euro-Asian Symposium of Paediatric & Cardiac Surgery

SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services



Gratitude

The more we share, the more it grows.



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