



**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

**SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY**

NEWSLETTER

SEPTEMBER - 2025 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101



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SMSIMSR's New 600-Bed Facility Opens in November

Answering the Urgency of Care



Bharath Kumar S S

Director of Projects, Sri Madhusudan Sai Global Humanitarian Mission

In a world where healthcare has become a privilege with a price tag, one institution dares to make it a birthright and liberate it from price tags of any kind. Under the visionary leadership of Sadguru Sri Madhusudan Sai and within the umbrella of Sri Madhusudan Sai Institute of Medical Sciences and Research, the current 350+ bed teaching hospital and medical college offers compassionate and holistic care to all who come to its threshold seeking relief. The services are offered with the highest standard of care without any discrimination or any fee whatsoever. Health is gifted here. It is a transformation and not a transaction.

Since there is a pressing need for more and more healing beds to serve the ailing community, Sadguru Sri Madhusudan Sai has envisioned another state-of-the-art 600 bed hospital. This hospital will be NMC, NABH and JCI compliant in terms of infrastructure and products, so that people from all over the world may confidently utilise its services.

The groundbreaking and commencement of construction for this hospital was barely 18 months ago, yet this 650,000 square feet edifice of healing has come up at a miraculous pace. Equipped with 11 operation theatres, 600 beds — including 100 ICU beds, 100 private beds and 35 emergency beds — it is racing towards completion, with its inauguration scheduled in November 2025.

The speed at which this project is manifesting is in direct correlation with the urgency of care that many people need. “No patient should be turned back for lack of beds”, this is the mantra and the message that has percolated from Sadguru to every last worker on site. This is the purpose that fuels, energises, motivates and inspires everyone towards manifesting the glorious vision of Sadguru into a reality.

This is a vision whose time has come.





**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



Sri Sathya Sai Sarla Memorial Hospital



CT



Cath Lab



MRI

Salient Features

October 2021 to September

						
Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Operating Theatres	ICU Beds	Total Beds
1,224,912	54,694	34,092	6,612	7	42	360

September

						
Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Outpatients Per Day	Doctors	Other Staff
37,901	1,795	1,315	188	1,458	184	696

Departments

Clinical Departments

- General Medicine
- General Surgery
- OBG Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery

**Specialities with
Visiting Faculty**

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



Sri Sathya Sai Rajeswari Memorial Block



Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

Courses Offered



MBBS
Course

50



B.Sc.
Nursing

60



B.Sc. Mental
Health

15



B.Sc.
Optometry

20



B.Sc. Medical
Imaging
Technology

20



B.Sc. Medical
Laboratory
Technology

20



B.Sc. Operation
Theatre
Technology

20



DNB General
Medicine

2



DNB
General
Surgery

2



DNB
Anaesthesia

4



DNB
Paediatrics

2



DNB
OBG

2



DNB Diploma
OBG

2



DNB Diploma
Radio-diagnosis

2

Departments Non-Clinical

Departments

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

SMSIMSR Honoured at SICA'25

Empowering Change

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), a unit of the Prashanthi Balamandira Trust, was selected as a Winner in the Education Category at the prestigious 5th Social Impact Conference & Awards (SICA'25), held on 9th September 2025, at New Delhi.

SMSIMSR is India's first completely free medical college and teaching hospital. We are dedicated to enriching and empowering rural youth by providing them with medical education of the highest quality, free of charge. We believe in a holistic approach, facilitating the development of skills and knowledge while instilling a service-oriented mindset in our students. The social impact of SMSIMSR has touched the lives of countless patients, with over 150 future doctors being trained in an environment where innovation meets compassion.

The CSRUniverse recognised SMSIMSR's initiative of measurable change through exemplary work and steadfast commitment. This award is a symbol of our dedicated effort towards realising an equitable and sustainable future. It is an acknowledgement of the transformative actions we are taking to drive change at the ground level.

This achievement belongs to all our hardworking faculty, students, and supporters. It is through our collective efforts that we continue to stride towards redefining accessible and holistic medical education in India.



Prashanthi Balamandira Trust awarded at SICA'25



Team SMSIMSR receiving SICA'25 award for the Education Category

09 September, 2025

Experts Unite at SMSIMSR for State-Level Community Health Meet

Lifestyle for Holistic Health



Sadguru Sri Madhusudan Sai's address at IAPSM KARCON 2025

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) was proud to host the 5th Karnataka State Conference of the Indian Association of Preventive and Social Medicine (IAPSM). The two-day conference focused on the theme "Lifestyle for Holistic Health", bringing together public health specialists, faculty, and delegates from all over the country. This conference was the result of the diligent efforts of the Department of Community Medicine at SMSIMSR, who remain dedicated to uplifting community health through outreach and preventive care.

The conference offered enriching sessions headed by noted medical professionals, such as **Dr Rupal Dalal**, Adjunct Associate Professor, CTARA, IIT Bombay, who spoke on the role of mitochondria in holistic health with a focus on mental health, and Dr Santhosh Hanumanthappa, Ayurvedic Practitioner, Bengaluru who spoke on the importance of flora in holistic health.



The IAPSM KARCON 2025 Team at SMSIMSR

The Bhagwan Sri Sathya Sai Baba Memorial Oration Award was conferred upon **Dr G Gururaj**, Former Director, NIMHANS, who spoke on strengthening health systems for integrated and sustainable care. **Dr Annarao Kulkarni**, Professor, Department of Community Medicine, SMSIMSR, was also honoured with the Lifetime Achievement Award, for his contributions to improving public health.

SMSIMSR was a fitting hub for this intermingling of experts, academicians, and frontline workers. Their shared goal of accessible and impactful public healthcare is ever present in the ethos of the organisation. The conference was a celebration of knowledge, innovation, and excellence, and a significant step forward in our journey towards sustainable and equitable healthcare.

12-13 September, 2025

SMSIMSR Hosts 'Right to Heal'

Healthcare as a Birthright

Doctors, corporate heads, public figures and artists came together to attend Right to Heal, an evening dedicated to the ideal that healthcare is a birthright, not a privilege. Leaders from esteemed organisations including Dell, Aon, GE, o9 Solutions, Airbus and many more were in attendance to support this mission. Organised by Sri Madhusudan Sai Institute of Medical Sciences and Research, and curated by Practive Consulting & Training LLP, the event was aimed at spreading awareness and moving towards innovative solutions in healthcare.

A variety of esteemed speakers engaged the gathering in discussions around the need for universal healthcare and the steps required to achieve it. **Dr Sathish Babu K N** Endocrinologist and Director – Academics & Quality, SMSIMSR, shared “From Vision to Impact: The SMSIMSR Journey”, displaying the critical role played by SMSIMSR in addressing the need for universal healthcare.

Dr Sapna Purushotham, Head of Department and Professor of General Surgery at SMSIMSR, skilfully moderated a panel discussion among influential personalities: **Dr Arokiaswamy Velumani** — Founder, Thyrocare Technologies, **Dr Kavita Sapra**, CSR Head — A.P. Moller - Maersk and **Mr B R Sridhar** — District Governor, Rotary International 3191, discussing the role of a multisector approach and collaboration in realising healthcare as a right for all.

The moving keynote address was delivered by renowned fashion guru **Mr Prasad Bidapa**, calling for each individual to realise their social responsibility towards ensuring nutrition, education and healthcare reach every child. In his address, Chief Guest **Mr Devajyoti Ray**, Member Secretary and Head of Investigation Wing, State Human Rights Commission, Karnataka emphasised that each individual is inherently deserving of dignity, regardless of their station in life.

SMSIMSR continues to champion the vision of healthcare as a universal right. With initiatives like Right to Heal, SMSIMSR reaffirms its mission to create lasting impact through compassion, collaboration, and innovation in healthcare.



Mr Prasad Bidapa speaking at Right to Heal



Dr Kavita Sapra, Mr B R Sridhar and Dr Arokiaswamy Velumai, engaged in a panel discussion at Right to Heal

19 September, 2025

Maersk Leaders Visit SMSIMSR to Foster Skill Development and Learning Industry Connect

The leadership team of A.P. Moller - Maersk conducted an enriching Industry Connect at SMSIMSR. **Ms Shalini Nataraj**, Global Head Employee Experience, Head of H.R. India, A.P. Moller - Maersk, shared her insights into crucial skills such as conflict management and peer relations. "Conflict is always a two-way street. The basic foundation starts with yourself. Ask yourself: what role have I played? That is how the resolution can begin.", she said, emphasising the importance of acknowledging the role of each individual.

She was joined by **Mr Pramod Devaiah**, Global Head of People Operations, A.P. Moller - Maersk, who explained the intricacies of delegation, providing practical anecdotes based on his experience. "If you have to run fast, you run alone. If you have to run far, you run as a team. You have to take people along with you on the journey, and succeed through them", he advised the gathering. He emphasised the need for clear communication in ensuring thoughtful and efficient collaboration.

Mr Vidya Sagar Vedanabhatla, Global Manager - Talent Acquisition and Attraction, A.P. Moller - Maersk, led a talk on the importance of utilising LinkedIn, explaining that "trust, faith and reputation are the three most important things. That is what LinkedIn brings in." His words resonated with the gathering as he explained how LinkedIn can play a role in ensuring patient trust in doctors, and helping SMSIMSR expand its reach.

The session allowed doctors and staff at SMSIMSR to enhance their skills and equipped them with the tools to better serve the mission of "Love All, Serve All". It marked the beginning of an impactful partnership between SMSIMSR and A.P. Moller Maersk.



Ms Shalini Nataraj speaking during the Industry Connect at SMSIMSR



Team A.P. Moller Maersk at SMSIMSR

26 September, 2025

A New Chapter in Neonatal Care

SMSIMSR Signs MoU with NFI

The Neonates Foundation of India (NFI) joined hands with SMSIMSR through an impactful memorandum of understanding, pledging to support NICU babies at SMSIMSR. To mark this momentous partnership, we were honoured to host **Ms Tanya Bali** and **Ms Suma Jairam**, along with **Mr Vijay**, **Ms Bhavani M** and **Dr Chethana HS** at Sathya Sai Grama, Muddenahalli.

A majority of the premature babies born in India are born to rural families that lack access and means. The lack of adequate and time-sensitive neonatal care leads to a 40% infant mortality for premature babies in India. NFI aims to reduce preventable neonatal deaths and help save newborns by making sure the most underserved members of our community get timely access to neonatal care.

SMSIMSR's robust gynaecology and paediatrics departments provide essential medical care to hundreds of expectant mothers and newborns every month. With the support provided by NFI, we will be able to give countless young lives free, quality neonatal care. Together we can gift them the chance to grow and flourish, without the hardships of financial barriers.



Team Neonates at SMSIMSR

30 September, 2025

Tiny Hearts, Big Miracles

Paediatric Cardiac Camp at SMSIMSR



Sanvi Taparia from Rajasthan

Sanvi Taparia was born with only one pumping chamber in her heart. She was diagnosed at just three months old, when she was too young to undergo the necessary procedure. At six months old, Sanvi had her first surgery at Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research.

But she still had a long road ahead. After years of care and treatment, six-year-old Sanvi underwent her second complex cardiac surgery at Sri Madhusudan Sai Institute of Medical Sciences and Research. This procedure was undertaken during the Paediatric Cardiac Camp, which took place during the first week of September 2025 in collaboration with Healing Little Hearts UK.

Little Sanvi now has a bright and healthy future ahead of her, made possible by the challenging Fontan Procedure performed by senior paediatric cardiac surgeons **Dr B R Jagannath** and **Dr C S Hiremath**, along with the dedicated care of paediatric cardiologist **Dr Annie Arvind**.

The world-class medical treatment provided at SMSIMSR — completely free of cost — will allow Sanvi to grow and flourish in a happy life.

Testimonials

CSR Circle of Honour

Recognising the Champions of a Worthy Cause

As part of the 100th birth anniversary of Bhagawan Sri Sathya Sai Baba, the One World One Family World Cultural Festival 2025 is bringing together 100 countries over 100 days, celebrating the spirit of service. The CSR Circle of Honour is a platform to express our appreciation for the various organisations that are vital in supporting our efforts towards accessible healthcare. During the ongoing festival at Sathya Sai Grama, the Sri Madhusudan Sai Global Humanitarian Mission endeavours to recognise those who have provided exceptional contributions towards our mission of service. These organisations have displayed their steadfast commitment through their generosity and charitable actions.



Team Rotary with Sadguru Sri Madhusudan Sai

Rotary Club of Bangalore, represented by distinguished Rotarians including Rotary International Director **Flt. Lt KP Nagesh**, Past District Governor **Rtn Jeetendra Aneja**, **Sri Milind Deshpande**, and **Sri Velu B Pethi** were honoured for their remarkable contributions to community healthcare. Rotary Bangalore Junction has been a steadfast partner, sponsoring equipment and life-saving paediatric cardiac surgeries. Their partnership continues to empower us in providing world-class care for all.



Sadguru Sri Madhusudan Sai felicitating Mr Om Khanna

The Rotary Needy Heart Foundation, represented by **Rtn. Sri O. P. Khanna**, was recognised for their dedication to providing life-saving cardiac care across India and neighbouring countries. The organisation has enabled more than 12,000 heart surgeries for underprivileged patients and supported children from ten nations. Their work resonates with the true spirit of service.

September, 2025

CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Sardguru Sri Madhusudan Sai felicitating Mr Devesh A and Mr Sandeep Kumar, with Sri B N Narasimha Murthy

We were honoured to felicitate The Hans Foundation (THF), represented by key stakeholders **Mr Devesh A** and **Mr Sandeep Kumar**, for their unwavering commitment to paediatric health and welfare. Through their support, we have provided paediatric cardiac surgeries, NICU care and cochlear implants to underprivileged children, leading them towards healthy and happy lives. THF continues to support our mission by extending their contributions to epilepsy and cancer related treatments for paediatric patients.



Sardguru Sri Madhusudan Sai felicitating Ms Dhenuka Srinivasan and Mr Choodamani, NK

ABB Group, represented by **Ms Dhenuka Srinivasan**, Sustainability Manager and **Mr Choodamani NK**, Vice President – Finance, was felicitated at the CSR Circle of Honour. ABB has been a valued partner to our mission, sponsoring crucial equipment in the Medical Intensive Care Unit at Sri Madhusudan Sai Institute of Medical Sciences and Research. They have also supported general and orthopaedic surgeries, giving patients a chance at a healthy, pain-free life.



Sardguru Sri Madhusudan Sai felicitating Dr Prakash Fernandes, Dr Dhanshri S Pradhan and Ms Lissy Viji

The Cipla Foundation was honoured for their pioneering palliative care programmes, bringing dignity and comfort to patients across the country. They were represented by **Dr Prakash Fernandes**, **Dr Dhanshri S Pradhan** and **Ms Lissy Viji**. Their expertise and commitment have been instrumental in advancing palliative care initiatives. Their work is a testament to the love, compassion and respect that must be put into true care.

CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Sadguru Sri Madhusudan Sai felicitating Mr Bharath Sesha

Philips India, represented by **Mr Bharath Sesha**, Managing Director for the Philips Indian Subcontinent, was recognised for their support in advancing healthcare and saving lives. Since 2022, Philips has been a valuable collaborator of our healthcare mission, sponsoring numerous cardiac surgeries. Their contributions have given hope and renewed life to many patients.



Sadguru Sri Madhusudan Sai felicitating Mr Iswara Dutt Kunduri

Nu Tek Instruments Pvt Ltd, represented by **Mr Iswara Dutt Kunduri**, Founder & Managing Director, was honoured for their contributions to social good through girl child education and retinal surgeries for the visually challenged. Nu Tek was a vital collaborator in establishing the Heart Valve Bank at Sri Sathya Sai Sarla Memorial Hospital, with state-of-the-art cryogenic systems. Their contribution will help us provide advanced and reliable cardiac care to countless patients.



Sadguru Sri Madhusudan Sai felicitating Mr Kattamuri Subbarao

We proudly felicitated Evertogen Life Sciences Ltd., represented by **Mr Kattamuri Subbarao**, Promoter & Managing Director, for their efforts in supporting a future of universal healthcare. A leader in the pharmaceutical landscape, their global excellence is matched only by their service to humanity. Their support empowers us to keep moving forward in our mission of providing free healthcare for all.

CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Sdguru Sri Madhusudan Sai felicitating Mr Mahesh Das

Aero Treatments Private Limited (ATPL), a member of the Motherson Group, was honoured for their invaluable partnership with our mission of healing. **Mr Mahesh Das**, Assistant General Manager, received the award on their behalf. ATPL has supported our paediatric cardiac surgeries for the past two years, giving bright futures to many children.



Sdguru Sri Madhusudan Sai felicitating Shri I N Sreenivasa Rao

Canbank Computer Services Limited (CCSL), represented by **Shri I N Sreenivasa Rao**, Managing Director of Canbank Computer Services Limited and Deputy General Manager of Canara Bank, was felicitated at CSR Circle of Honour. CCSL has been a valuable collaborator for our healthcare mission. The Diode Laser they have sponsored will provide essential treatments for those who need it most.



Sdguru Sri Madhusudan Sai felicitating Mr K Babu Raju

KBR Homes Pvt. Ltd, represented by **Mr K Babu Raju** (Managing Director) was recognised for their generous contributions to our healthcare initiatives, including sponsoring cataract operations in 2023–24 and donating a healing bed to our hospital. KBR Homes lead all their projects with professionalism, transparency, and a commitment to quality. Their partnership continues to be invaluable in our mission towards equitable and accessible healthcare.

Sai Swasthya

A Nationwide Journey Towards Accessible Healthcare

At SMSIMSR, we understand that not every person has the means to visit hospitals and healthcare centres. The Sai Swasthya Wellness Centres are an initiative to address this gap and ensure healthcare reaches everyone.

With twenty four wellness centres across eight states, and over 200 planned centres in the coming years, the programme is a national journey, offering diagnostics and dispensary services. The mobile and telemedicine units provide outpatient consultations and preventive care, enriching community healthcare all over India.

The programme will offer a variety of services including but not limited to:

- Blood tests and lab tests
- Ultrasounds
- Echocardiograms
- Referrals to Sanjeevani hospitals and Sarla Hospital
- Referrals to Sri Sathya Sai Sanjeevani Mother & Child Hospitals

The Sai Swasthya Wellness Centres further the reach of our mission of providing free healthcare for all. This programme will enable early diagnostics, preventive care and crucial medical interventions, through an expanding nationwide network. It is another important step towards connecting quality healthcare with accessibility.



Sai Swasthya Wellness Centre at Kachukhali, West Bengal

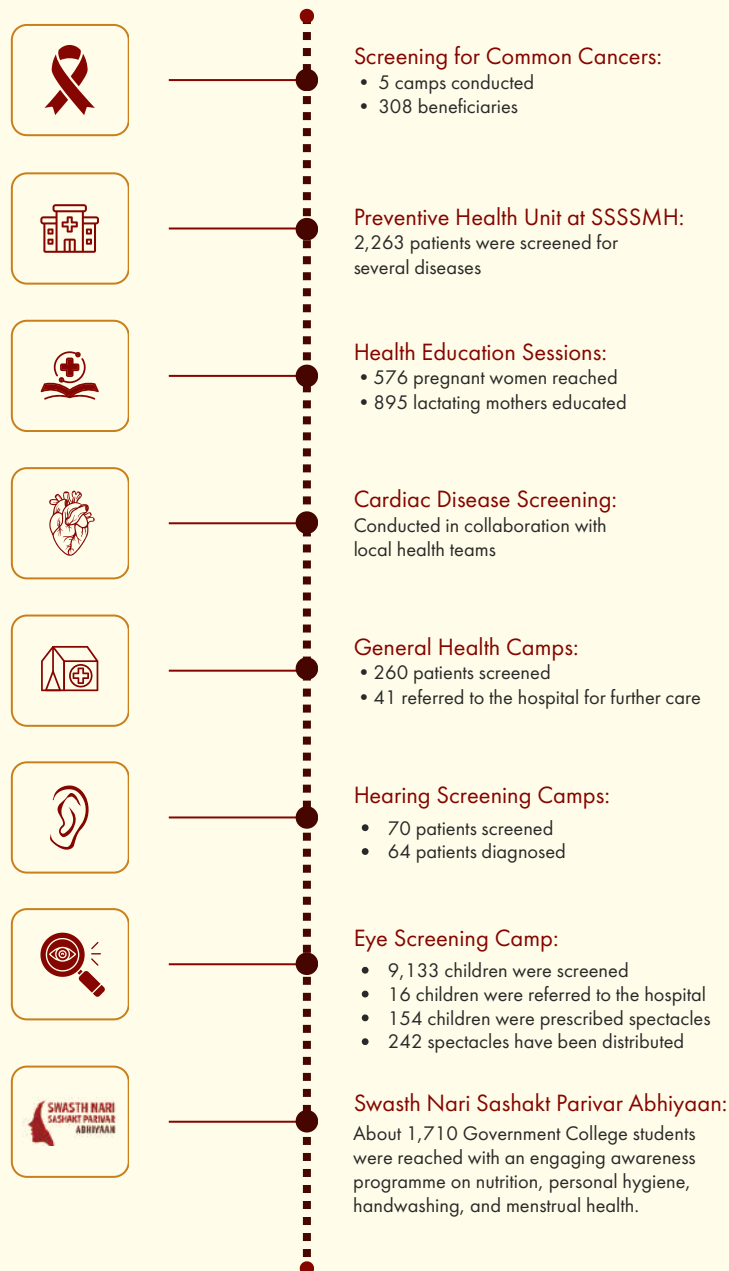


Sai Swasthya's Science Lab on Wheels

Community Outreach – Department of Community Medicine, SMSIMSR

As of September 2025, our impact includes:

The Department of Community Medicine continues its dedicated mission to improve community health through targeted outreach and preventive care programmes. Our efforts span from early detection of diseases to empowering individuals with health education. Through these initiatives, the Department remains steadfast in its vision — building healthier communities through prevention, education, and compassionate care.



SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services

Doctor's Corner

Service and Humility: A Reflection on the True Strengths of a Surgeon



Dr Sapna Purushotham

Professor and HOD, General Surgery

Dr. Sapna Purushotham is a talented and compassionate surgeon with over 15 years of experience. She holds a medical degree from Kempegowda Institute of Medical Sciences, Bangalore, and did her residency training at BLDEA's Sri B M Patil Medical College, Bijapur. She is a member of ASI and AMASI, and a published researcher in various fields. She is currently serving as Head of Department and Professor of General Surgery at Sri Madhusudan Sai Institute of Medical Sciences and Research

The Quiet Art of Healing

At Sri Madhusudan Sai Institute of Medical Sciences (SMSIMSR), we are constantly reminded that medicine is not merely a science we practice — it is a service we offer with reverence. Surgery is often seen as a discipline of precision and technique. Yet, beneath the layers of sterile gowns and bright lights lies something deeply human — the quiet compassion that connects healer and healed. Each incision teaches us courage, each recovery teaches us patience, and every challenge teaches us surrender to a higher will.

In a world where healthcare is often measured by economics, we stand apart — proving that excellence and compassion can coexist, that skill and service can walk hand in hand. Our department continues to grow, not only in the number of procedures we perform, but in the spirit with which we approach each one. We strive to ensure that our students and residents learn beyond textbooks and instruments, to understand that a surgeon's true strength lies in empathy, discipline, and humility. We work every day with the knowledge that providing free, selfless healthcare is both a privilege and a profound responsibility.

Medica Musings



Gratitude

The more we share, the more it grows.



September 2025 Edition

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