



**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

**SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY**

NEWSLETTER

OCTOBER - 2025 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101



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Sai Swasthya: A Revolution in Rural Healthcare

Rural to Referral to Recovery — The SMSIMSR Way



Subhajit Roy Mukherjee

Director — Sri Sathya Sai Aarogya Vahini
Head — North & East Sai Swasthya National Programme

As we prepare for the Centenary Birth Anniversary celebrations of Bhagawan Sri Sathya Sai Baba, we also celebrate the dawn of a new era in global healthcare, one that is rooted in rural India yet destined to inspire the world.

The Sai Swasthya Wellness Centres stand as radiant embodiments of Bhagawan Sri Sathya Sai Baba's divine vision, where healthcare transcends treatment and becomes an expression of love. Rooted in compassion and guided by His eternal message of "Love All, Serve All," these centres are reimagining healthcare as a sacred mission: healing with the hands and serving through the heart.

Through the guidance of Sadguru Sri Madhusudan Sai, the centres aspire to create a nationwide network of 6,000 centres — one in every Taluk and rural pocket — ensuring that no life is left behind.

Equipped with AI-driven diagnostic tools, portable and non-invasive point-of-care devices, and telemedicine connectivity, these centres deliver quality healthcare at the grassroots with speed, accuracy, and dignity. Our "Rural to Referral to Recovery" model is a new template for the world, one that ensures no patient is ever lost in the maze of neglect or need.

As we draw closer to the sacred 100th Birthday on 23rd November 2025, this movement unfolds as a divine celebration in action — a living expression of His Love through service. Each life healed becomes a tribute, each centre a living temple, and each act of care a humble prayer at the Divine Lotus Feet of Bhagawan Sri Sathya Sai Baba.



**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



Sri Sathya Sai Sarla Memorial Hospital



CT



Cath Lab



MRI

Salient Features

October 2021 to October 2025

						
Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Operating Theatres	ICU Beds	Total Beds
1,259,461	56,361	35,255	6,822	7	42	360

October 2025

						
Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Outpatients Per Day	Doctors	Other Staff
34,549	1,667	1,163	210	1,440	185	699

Departments

Clinical Departments

- General Medicine
- General Surgery
- OBG
- Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery
- Immunology
- Genomics
- Robotic Surgeries in CTVS and Orthopaedics

**Specialities with
Visiting Faculty**

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



**Sri Madhusudan Sai Institute of
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India's First Free Rural Medical College



Sri Sathya Sai Rajeswari Memorial Block



Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

Courses Offered



MBBS
Course

50



B.Sc.
Nursing

60



B.Sc. Mental
Health

15



B.Sc.
Optometry

20



B.Sc. Medical
Imaging
Technology

20



B.Sc. Medical
Laboratory
Technology

20



B.Sc. Operation
Theatre
Technology

20



DNB General
Medicine

2



DNB
General
Surgery

2



DNB
Anaesthesia

4



DNB
Paediatrics

2



DNB
OBG

2



DNB Diploma
OBG

2



DNB Diploma
Radio-diagnosis

2

**Departments
Non-Clinical**

Departments

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

SMSIMSR Brings Wellness to Mallur Village

Preventive Care Beyond Hospital Walls

At Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), we believe in the power of preventive care. That belief is embodied in the ongoing efforts of our Department of Community Medicine, which reaches out to the underserved population around us to help them lead healthier lives.

As part of the Divine Mother and Child Programme, an initiative of the Department of Community Medicine, doctors and professors from various departments organised a health camp at Mallur Village, Sidlaghatta Taluk, Karnataka. The camp included several medical and informational outreach activities aimed at preventive diagnostics and basic medical awareness.



NCD Screening Camp at Mallur

Dr Annarao Kulkarni, Professor, Department of Community Medicine, SMSIMSR, led an NCD screening at Mallur Sai Swasthya Clinic. This was done in an effort to facilitate early detection and prevention of non-communicable diseases. In addition to that, Dr Kulkarni also led a health education session for students of Swamy Vivekananda First-Grade College, promoting awareness about preventive health practices.

Dr Sindhuja L, Senior Resident, Department of Psychiatry, led a mental health awareness programme on Adolescent Mental Health and Management, helping people understand the needs of growing teenagers and how best to support them.



Health Education Session for Students

The team also conducted a Cataract Camp at Mallur Village, Sidlaghatta Taluk, ensuring access to vision-restoring care for those in need.

Through initiatives like these, SMSIMSR continues to bring healthcare beyond the hospital walls, serving our larger mission towards providing comprehensive and compassionate community healthcare.

09 October, 2025

A Milestone in India's Healthcare Landscape

SMSIMSR and GIC Sign Historic MoU

Sri Madhusudan Sai Institute of Medical Sciences and Research became India's first hospital to officially partner with the General Insurance Council (GIC). GIC — representing 32 insurance companies across India — signed an MoU with SMSIMSR that will enable us to offer cashless treatment across all major health insurance providers.

We were honoured to have "The Insurance Man of India", **Dr Tapan Singhel**, Managing Director & CEO of Bajaj General Insurance, join us for this momentous occasion. In his address, **Dr Singhel** emphasised the urgent need for such an MoU, saying, "One hospital bill is enough for a person to go from APL to BPL status given the costs of medical treatment in today's scenario".

Notable dignitaries who graced this occasion included **Mr Mayank Bathwal**, Managing Director & CEO, Aditya Birla Health Insurance Co Ltd, **Mr Animesh Das**, Managing Director & CEO, Acko General Insurance Ltd, **Mr Vikram Jeet Bhayana** - Head of Marketing, Bajaj General Insurance Limited, and **Mr. Inderjeet Singh**, Secretary General, General Insurance Council.

In his address, Sadguru Sri Madhusudan Sai shared his vision of compassionate healthcare for all: "For decades, universal health coverage has remained elusive. But with this historic MoU, we move closer to making healthcare access a right, not a privilege."

With this MoU, we begin the journey of reaching out to the missing middle in our country and affecting positive medical change. Instituting a policy of zero co-pay, no out-of-pocket expenses or any hidden charges, SMSIMSR will ensure that patients can seek healthcare free of any monetary concerns.

This partnership will result in far-reaching impact across the healthcare landscape of India — bringing new dimensions of sustainability — with the first step taken here at SMSIMSR.



Dr Tapan Singhel (l), Sadguru Sri Madhusudan Sai (c) and Dr Vasudeva Upadhyaya K S (r)



Sadguru Sri Madhusudan Sai with the Dignitaries of GIC and SMSIMSR

12 October, 2025

SMSIMSR Champions Heart Health at Myntra

From Workload to Wellness

Heart disease is no longer a concern confined to older adults. In recent years, medical data has shown a sharp rise in lifestyle-related risk factors such as hypertension, high cholesterol, and elevated BMI among working professionals. Consequently, there has been a 70% rise in cardiovascular issues among the demographic of corporate employees aged between 35 and 45.

Recognising the urgency of the hour, Sri Madhusudan Sai Institute of Medical Sciences and Research's (SMSIMSR) outreach programmes are designed to educate and empower individuals towards healthier lives. At SMSIMSR, our focus extends beyond curing illness — we strive to prevent it. Upholding this philosophy, we recently conducted a corporate cardiac screening camp at Myntra, where over 350 employees were screened and counselled by our expert medical team.

Facilitating Random Blood Sugar (RBS) tests, blood pressure checks, weight and height assessments, ECG tests and physician consultations, these camps are designed not only to assess cardiac and overall health but also to raise awareness about heart wellness. A combination of sedentary lifestyles, long working hours, chronic stress, and digital overload takes a noticeable toll on cardiovascular health, making this initiative particularly crucial among young professionals, who face increasing risks of cardiac issues.

Through such initiatives, SMSIMSR aims to prevent early indicators from transforming into life-threatening ailments with awareness, early detection and timely counselling. We recognise that early diagnosis and disease prevention are the foundation of a fulfilling and productive life.



Height Assessment at Myntra



Physician Consultation at Myntra

13 - 17 October, 2025

FANUC and SMSIMSR Drive Change Together

A Partnership of Purpose



Sadguru Sri Madhusudan Sai inaugurating a fleet of vehicles supported by FANUC India



SMSIMSR Vehicles supported by FANUC India



Sadguru Sri Madhusudan Sai with Mr Hariharan Pillai K.G., Vice President – Operations, Ms Manisha Agarwal and Team SMSIMSR

Sadguru Sri Madhusudan Sai along with Mr Hariharan Pillai K.G., Vice President – Operations, and Ms Manisha Agarwal, inaugurated a fleet of vehicles supported by FANUC India on Friday, 17th October 2025.

As a global leader in automation solutions, FANUC has been at the forefront of transforming industrial automation through cutting-edge technologies and innovation. Their core philosophy of 'Service First' not only reflects their commitment to lifetime support for all their customers; it also resonates powerfully with the ethos of SMSIMSR.

FANUC India has been a steadfast supporter of our mission since March 2022. Their partnership has been invaluable to several critical healthcare and nutrition initiatives here at SMSIMSR. They have empowered us with the provision of Advanced Life Support ambulances, state-of-the-art medical equipment for the Coronary Care Unit (CCU) and Anatomy Lab, as well as essential support for paediatric surgeries.

Their continued collaboration — through the fleet of vehicles generously sponsored by them — will enable us to reach our most disadvantaged communities. Together we will continue to uplift and empower rural citizens through nutrition, education and healthcare.

17 October, 2025

A Global Family of Care

Sophia and Hussein's Journey of Healing



Sophia Kaudha and Mayamba Rahim Hussein

Ms Sophia Kaudha travelled all the way from Uganda to Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) in India to receive life-saving treatment for her three-year-old son Hussein, who was born with Tetralogy of Fallot.

ToF is a complex congenital heart condition that affects normal blood flow through the heart. It involves four structural problems: a narrowed pulmonary valve that restricts blood flow to the lungs, a hole between the lower chambers of the heart (ventricular septal defect), a misplaced aorta that disrupts blood circulation, and thickening of the right ventricle.

At SMSIMSR, Hussein received comprehensive cardiac care from a dedicated team of excellent doctors, nurses, and support staff, ensuring that his treatment and recovery journey were safe, gentle, and filled with hope. Ms Sophia shared her experience saying, "My baby was born with this condition, he is just 3 years old. We came all this way to get his Thanks to the surgery done at SMSIMSR, he is now okay and healthy."

Following his successful surgery and recovery, Sophia and Hussein are back home, where he will continue to grow and flourish.

The world-class medical treatment provided at SMSIMSR — entirely free of charge — will allow Hussein the chance of a healthy and long life.

Testimonials

SMSIMSR & Rotary Unite for Compassionate Care

Healing Hearts Across Continents

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) began an impactful partnership with Rotary Club of Virudhunagar, by signing an MoU on 1st October 2025. This collaboration paved the way for SMSIMSR to perform critical cardiac surgeries for children from Africa.

To mark this occasion, it was our honour to host Past District Governor, Rotarian **AKS V.R. Muthu**, CEO of IDHAYAM Oil, at SMSIMSR. A visionary entrepreneur and philanthropist, IDHAYAM has become a household name, synonymous with purity and trust, under his leadership.

Rtn. Muthu is also a dedicated humanitarian, with a firm belief that charity towards health and education is charity in its highest form. Working with Rotary Club of Virudhunagar, he has helped organise heart camps, distribute artificial limbs, promote eye donation and vision screening, support orphanages and old-age homes, and uplift the underprivileged.

This partnership embodies the spirit of the shared missions between Rotary International — Service Above Self, and SMSIMSR — Love All, Serve All. Together, the two institutions will continue to provide quality, accessible healthcare, beyond borders and financial barriers.



Dr Vasudeva Upadhyaya K S (l), Dr Raghupathi A. R. (c) and Past District Governor, Rotarian AKS V.R. Muthu (r)



MoU exchange between SMSIMSR and Rotary Club of Virudhunagar

October, 2025

CSR Circle of Honour

Recognising the Champions of a Worthy Cause

As part of the 100th birth anniversary of Bhagawan Sri Sathya Sai Baba, the One World One Family World Cultural Festival 2025 is bringing together 100 countries over 100 days, celebrating the spirit of service. The CSR Circle of Honour is a platform to express our appreciation for the various organisations that are vital in supporting our efforts towards accessible healthcare. During the ongoing festival at Sathya Sai Grama, the Sri Madhusudan Sai Global Humanitarian Mission endeavours to recognise those who have provided exceptional contributions towards our mission of service. These organisations have displayed their steadfast commitment through their generosity and charitable actions.



Sadhguru Sri Madhusudan Sai felicitating Mr Prasad Gundumogula

It was our honour to present the CSR Circle of Honour to Pranik AI, represented by Mr Prasad Gundumogula, the Founder & CEO. Pranik AI is leading innovative healthcare progress with state-of-the-art multilingual AI doctor-patient solutions. Through their contribution of AI software and hardware tools to Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), Pranik AI has enhanced hospital efficiency by 30%, enabling better care for patients and advancing the mission of compassionate healthcare.



Sadhguru Sri Madhusudan Sai felicitating Mr A. Arunachalam and Mr Geetesh Gupta

We were honoured to present the CSR Circle of Honour to NewSpace India Limited (NSIL) — the commercial arm of the Indian Space Research Organisation (ISRO) under the Department of Space (DoS), Government of India. The organisation was represented by Mr A. Arunachalam, Director — Technical & Strategy and Mr Geetesh Gupta, Manager — Launch Vehicle Building. NSIL has also extended vital support to the Sri Madhusudan Sai Institute of Medical Sciences and Research, enabling life-saving cardiac surgeries for children and specialised neonatal care for premature babies in the NICU. Their contributions help us keep moving towards our mission of accessible and sustainable healthcare.

October, 2025

CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Saguru Sri Madhusudan Sai felicitating Shri Ray Chand Khater and representatives of Akhil Bharatiya Oswal Parishad

We were honoured to present the CSR Circle of Honour to Akhil Bharatiya Oswal Parishad, represented by Shri Ray Chand Khater (Founder Chairman), a visionary entrepreneur and philanthropist. Akhil Bharatiya Oswal Parishad has been dedicated to the service of the underprivileged through initiatives like the Jaipur Limb Camps for over 20 years. Through their generous support to SMSIMSR, they have contributed free medicines, enabling accessible and inclusive healthcare for all.



Saguru Sri Madhusudan Sai felicitating Mr Pradeep George Jacob and Mr Pratap Chelle

Cisco was presented with a heartfelt token of appreciation by Saguru Sri Madhusudan Sai, during the CSR Circle of Honour. The organisation was represented by Mr Pradeep George Jacob, New and Emerging Business South India Lead, and Mr Pratap Chelle, Partner Account Manager. A leader in networking, security and collaboration, Cisco has provided the complete IT network infrastructure for the upcoming 600-bed hospital at SMSIMSR, enabling seamless operations and strengthening digital capabilities. They stand as a true example of technology serving humanity.



Saguru Sri Madhusudan Sai felicitating Rtn Anand Ramchandra and Mr Ravi Prasad

Rotary Bangalore South Parade was given the CSR Circle of Honour, represented by Rtn Anand Ramchandra, Chair – CSR Projects, and Mr Ravi Prasad, Former President of Rotary Bangalore. Rotary is a global volunteer movement dedicated to promoting peace, fighting disease, supporting education, and advancing community welfare. Through their support to Project Amrita Bindu for NICU equipment, sponsorship of cardiac surgeries, and contributions to the Aloka Vision Programme, Rotary Bangalore South Parade has helped save newborns lives and restore sight to the visually impaired — truly embodying the spirit of Service Above Self.

October, 2025

CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Saguru Sri Madhusudan Sai felicitating Mr V V Krishna Reddy,
Mr Shanthavadhan V.S and CA Mr D L Suresh Babu

It was our privilege to present the CSR Circle of Honour to Dr. SRC Institute of Speech and Hearing (Dr SRCISH), a project of the Lions Club of Bangalore East and a unit of the Bangalore Speech and Hearing Trust. The institute was represented by Mr V V Krishna Reddy (Chairman), Mr Shanthavadhan V.S (Treasurer and Trustee), and CA Mr D L Suresh Babu (Secretary and Trustee). The Trust is a not-for-profit organisation dedicated to empowering individuals with communication and hearing disabilities through diagnosis, therapy, and rehabilitation. We stand united in our commitment to inclusive healthcare and empowering patients to lead fuller, dignified lives.



Saguru Sri Madhusudan Sai felicitating Mr Hariharan Pillai
K.G. and Ms Manisha Agarwal.

We were honoured to present the CSR Circle of Honour to FANUC India Pvt Ltd., represented by Mr Hariharan Pillai K.G., Vice President – Operations, and Ms Manisha Agarwal. Since March 2022, FANUC India has extended its support to healthcare by providing Advanced Life Support ambulances, medical equipment for CCU, anatomy lab and paediatric surgeries at SMSIMSR. Their commitment to healthcare, nutrition, and community well-being, embodies the true spirit of corporate social responsibility through service and compassion.



Saguru Sri Madhusudan Sai felicitating Mr. Krishnan
Narayanaswamy

We were privileged to present the CSR Circle of Honour to Vitreous Donor Solution Private Limited (Skopick Network Foundation), represented by Mr. Krishnan Narayanaswamy, Director and Chartered Accountant. Since 2024, the Foundation has been supporting the medical education wing of SMSIMSR, with a focus on nursing students. Their contributions enable us to shape the future generation of compassionate healthcare professionals.

October, 2025

CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Sadguru Sri Madhusudan Sai felicitating Mr Ajeya Motaganahalli and Mr Pramodh Anvekar

Pure Storage, represented by Mr Ajeya Motaganahalli, Vice President – Engineering and Managing Director, R&D, India, and Mr Pramodh Anvekar, Engineering Manager and Head of CSR, were presented the CSR Circle of Honour at Sathya Sai Grama. Pure Storage has been invaluable in their support of orthopaedic surgeries at SMSIMSR. Their partnership empowers us to deliver life-changing care to those who need it most.

October, 2025

SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services

Doctor's Corner

In Service of a Brighter Future



Dr. Phaneendra M S

Associate Professor, Department of Community Medicine

Dr Phaneendra M S is a dedicated public health professional with a strong academic and service-oriented background. He completed his schooling at the prestigious Sathya Sai Lok Seva Institutions in 2007, earning his MBBS from M.S. Ramaiah Medical College, and went on to specialize in Community Medicine with an M.D. from KIMS, Bangalore. He is currently serving as an Associate Professor, Department of Community Medicine at Sri Madhusudan Sai Institute of Medical Sciences and Research.

Igniting Young Minds: Beyond Healthcare

As a public health specialist, one of the most fulfilling parts of my work has been training young doctors to reach out to rural and remote schools and provide comprehensive health screening services. These visits are often more than just medical check-ups — they are moments of connection, compassion, and inspiration.

After one such outreach programme, a young doctor who had participated in the school screening came to me, visibly moved. She shared that during the session, a little girl had approached her and said softly, “I also want to become a doctor like you and help others.” That simple statement struck a deep chord within me. It reminded me that our efforts extend far beyond the immediate impact of healthcare delivery. Every visit, every interaction, and every smile exchanged has the power to plant seeds of hope and aspiration in young hearts.

While the beneficiaries of these programmes receive the direct benefit of healthcare, and the young doctors gain valuable clinical experience and empathy through such training, the last-mile beneficiaries — the children and communities we serve — are inspired in ways that may shape their future paths. The repercussions of good work are indeed multifold, touching lives in ways we may never fully see. The outreach services of our hospital are, therefore, not just about curing illness — they are about inspiring a generation. In those small classrooms nestled in rural corners, the future of our country is being shaped — one dream at a time.

Medica Musings



Gratitude

The more we share, the more it grows.



October 2025 Edition

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