



**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

**SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY**

NEWSLETTER

AUGUST - 2025 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101



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Orthopaedic Care: The Outlook of a Dignified Life



Dr Dayananda Veeranna
Head of Department, Orthopaedics

Mobility is crucial to all aspects of a fulfilling life. The ability to walk, work, and engage in community is not just a physical function, it is foundational to us. Ageing is not the only factor that can lead to reduced mobility and deformation of the musculoskeletal system. Birth defects, malnutrition, sports injuries, and accidents are some of the many causes that can lead to lifelong pain and restriction, if left untreated.

We at SMSIMSR recognise that access to quality orthopaedic care is not a luxury but a crucial necessity in maintaining a dignified standard of life. Everyone deserves the right to move without pain or dependence. Therefore it is our mission to empower people through holistic healthcare and an enveloping sense of service.

Working with the core values of "One World, One Family", my team and I seek to rehabilitate a variety of conditions, from joint replacements and deformity correction to paediatric orthopaedics. We strive every day to provide world class care to everyone who needs it, with a focus on patient satisfaction and early mobilisation.

For the underserved community that we serve, having access to orthopaedic care means being able to work and provide for their families, without suffering lifelong pain. Through preventive and curative orthopaedics, we enable the most underserved members of our nation and reduce the burden of their hardships.

Our dedication to our mission is what drives us towards a future where no one is left to suffer the indignity of pain and the inability to move, due to a lack of means or access. We move closer everyday to a world where everyone can benefit from holistic care that integrates surgical intervention with long term support and rehabilitation. We are training the next generation of doctors with service in their hearts and the goal to restore independence and dignity to all.



Sri Madhusudan Sai
Institute of Medical Sciences and Research (SMSIMSR)
India's First Free Rural Medical College



Sri Sathya Sai Sarla Memorial Block



CT Scan



Cath Lab



MRI

Salient Features

October 2021 to August 2025



Outpatient
Visits
1,187,011



Inpatient
Admissions
52,899



Surgeries
32,777



Newborns
6,424



Operating
Theatres
7



ICU
Beds
42



Total
Beds
360

August 2025



Outpatient
Visits
32,346



Inpatient
Admissions
1,655



Surgeries
1,197



Newborns
204



Outpatients
Per Day
1,348



Doctors
182



Other Staff
680

Departments

Clinical Departments

- General Medicine
- General Surgery
- Obstetrics and Gynaecology
- Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery

Specialities with
Visiting Faculty

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



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Sri Sathya Sai Rajeswari Memorial Block



Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

Courses Offered



**MBBS
Course
50**



**B.Sc.
Nursing
60**



**B.Sc. Mental
Health
15**



**B.Sc. Optometry
20**



**B.Sc. Medical
Imaging
Technology
20**



**B.Sc. Medical
Laboratory
Technology
20**



**B.Sc. Operation
Theatre
Technology
20**



**DNB General
Medicine
2**



**DNB
General
Surgery
2**



**DNB
Anaesthesia
4**



**DNB
Paediatrics
2**



**DNB
OBG
2**



**DNB Diploma
OBG
2**



**DNB Diploma
Radio-diagnosis
2**

**Departments
Non-Clinical**

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

Temple of Healing

A Promise to Humanity

We are just two months away from the inauguration of the world's largest completely free hospital, at Sathya Sai Grama, Muddenahalli, Karnataka. As a part of Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), the 600-bed hospital will soon open its doors to offer service and healing.

Without any billing counters and outside all financial barriers, this hospital will provide world class care across 28 departments, with cutting edge equipment, heart valve and organ bank, and state of the art robotics. Following our mission of healthcare for all, this hospital will provide medical care for people from all walks of life.

In the words of our founder Sadguru Sri Madhusudan Sai, "This is not just a hospital — it is a statement, a promise to humanity that no one is forsaken or forgotten. Healthcare is not a privilege, it is a right." See the extraordinary vision and hear from Sadguru Sri Madhusudan Sai himself, by scanning the QR code.



Sadguru Sri Madhusudan Sai holds the statue of Lord Dhanvantari atop the upcoming hospital building



OUR NEW 600-BED HOSPITAL OPENS IN JUST 2 MONTHS!
SCAN IT, SEE IT, BELIEVE IT!

**SRI MADHUSUDAN SAI INSTITUTE OF
MEDICAL SCIENCES AND RESEARCH**

Robotic Cardiac Surgery

Moving Forward with Innovation



Sadguru Sri Madhusudan Sai with dignitaries at the inauguration of the Robotic Cardiac Surgery Centre

Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) in collaboration with SS Innovations International, Inc., has taken a historical step forward in advancing healthcare in rural India. This partnership will facilitate the establishment of South India's first Robotic Cardiac Surgery Centre at SMSIMSR in Sathya Sai Grama, Muddenahalli.

This initiative will be made possible by SSI Mantra - India's first indigenously developed robotic surgical system, that will open new avenues of accessibility in precision-based robotic surgery.

Through the integration of SSI Mantra at SMSIMSR, many marginalised communities will gain access to complex, world-class robotic cardiac surgeries completely free of charge. This collaboration will enable procedures that significantly impact quality of life for those most in need.



Sadguru Sri Madhusudan Sai with the SMSIMSR family, commemorating the launch of the Robotic Cardiac Surgery Centre

Beyond its clinical significance, the centre will also function as a hub for advanced training, research and academic exchange. Students and healthcare professionals alike will gain exposure to state-of-the-art robotic techniques, building capacity that can serve communities far beyond Muddenahalli.

This collaboration is not merely about technology; it reflects a shared vision of blending cutting-edge medicine with compassion.

For SMSIMSR, the aim has always been to deliver healthcare that is holistic, humane and accessible to all, embodying the principle of One World, One Family. With this milestone, the institute continues to bridge the gap between innovation and inclusion, offering a model of healthcare where science and service walk hand in hand.

06 August, 2025

A Partnership for Health and Endurance:

SMSIMSR Supports The Nandi Hills Monsoon Run

The Divyasree Nandi Hills Monsoon Run 2025 was organised on 10th August 2025 and saw over 3,000 participants come together in the spirit of resilience, fitness, and community. Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) was privileged to partner this event as its official medical health partner, ensuring that health and safety accompanied every stride.

An event like this requires careful and thorough preparation and SMSIMSR established well-equipped medical stations across the course, while mobile teams remained on constant patrol along the route. The doctors, nurses, and paramedics were prepared to address all needs ranging from cramps, sprains, and dehydration to more urgent interventions. The presence of these trained professionals provided reassurance to the participants, and comfort to their families. The organisers were able to move forward without worry as there was expert care always at hand.

SMSIMSR's ethos of "Serving with Love" was reflected not only in the quality of care provided in this collaboration, but through the spirit in which that care was delivered. Each act of care, be it a quick check on a tired runner or a word of encouragement at a hydration stop, was performed with a mindset of service and dedication. The institute views healthcare as a living commitment that extends far beyond wards and operating theatres, reaching out into the heart of the community through events that display the best of the human spirit.

The Monsoon Run was more than a sporting occasion; it was a celebration of endurance, compassion and service.



Pankaj Rai, Chief Data Analytics Officer, Aditya Birla Group supporting the event with his runners group



SMSIMSR medical team stationed at the Monsoon Run, ensuring expert care throughout the event

10 August, 2025

SMSIMSR at Rotary Bangalore Indiranagar: A Conversation of Holistic Healthcare

The Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), represented by Dr Raghupati A R, was invited as a distinguished guest speaker by Rotary Bangalore Indiranagar, District 3192. Dr Raghupati was felicitated by Rotary President Rtn. Vipin Labroo, and delivered an inspiring address that provided a brief look into the institute's transformative journey and far-reaching impact on rural healthcare and education.

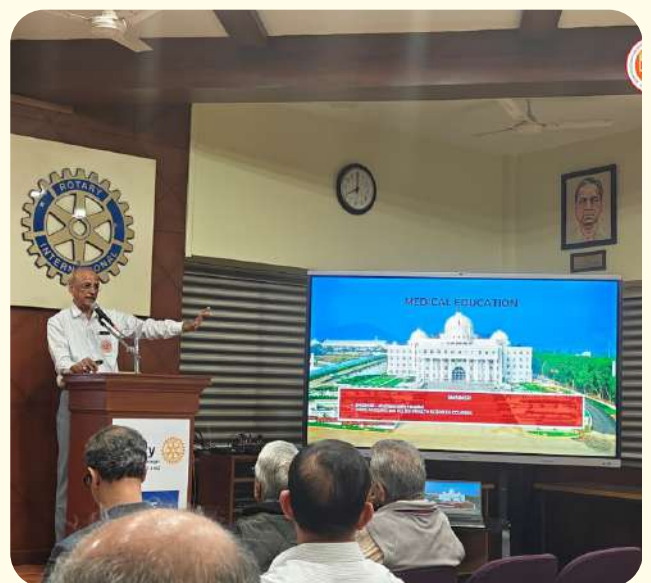
Dr Raghupati highlighted the holistic initiatives flourishing at Muddenahalli: nutrition programmes nourishing children in underserved communities, a free medical education system cultivating future generations of compassionate doctors, and a state-of-the-art hospital where world-class healthcare is offered without any charge to the patient. These examples brought to life SMSIMSR's unique model, where dignity, equity and service remain at the centre of care.

Importantly, he elaborated on how such a system sustains itself, standing as proof that a commitment to compassion can indeed create structures of excellence. By blending vision with action, SMSIMSR demonstrates that free-of-charge healthcare and education are not ideals, but realities that can be achieved for the betterment of humanity.

The Rotary members reaffirmed their deep appreciation, resonating strongly with the philosophy of One World, One Family. Many expressed their interest in supporting and amplifying this movement of love in action.



Dr Raghupati outlining SMSIMSR's holistic approach to healthcare



Showcasing SMSIMSR's free healthcare model to Rotary members

18 August, 2025

The CSR Circle of Honour

Recognising the Champions of a Worthy Cause

As part of the 100th birth anniversary of Bhagawan Sri Sathya Sai Baba, the One World One Family World Cultural Festival 2025 is bringing together 100 countries over 100 days, celebrating the spirit of service. The CSR Circle of Honour is a platform to express our appreciation for the various organisations that are vital in supporting our efforts towards accessible healthcare. During the ongoing festival at Sathya Sai Grama, the Sri Madhusudan Sai Global Humanitarian Mission endeavours to recognise those who have provided exceptional contributions towards our mission of service. These organisations have displayed their steadfast commitment through their generosity and charitable actions.



Our Founder Sri Madhusudan Sai (L) felicitating representative of Varian Medical Systems International India Private Limited (R)

Varian Medical Systems International India Private Limited, represented by Mr Girish Chandra, FCA (CFO & Board Member) was honoured for their valued partnership with Sri Sathya Sai Sarla Memorial Hospital over the last two years. Varian strives to make progress towards a world that is free from the fear of cancer. The ENT Endoscopy System sponsored by Varian will transform ENT care for countless people.



Our Founder Sri Madhusudan Sai (C) felicitating Ms Nalini Padmanabhan Director, (L) and Shri K. Satyanarayana Raju Managing Director, (R), Canara Bank

We proudly recognised Canara Bank, represented by Ms Nalini Padmanabhan (Director) and Shri K. Satyanarayana Raju (Managing Director), for their dedicated support to public health through CSR. Their contributions allow us to monitor and care for critical patients, with vital equipment such as a Samsung Ultrasound Machine, Mindray ICU Ventilators, and advanced patient monitors with IBP and ETCO₂. These have made it possible for SMSIMSR to provide better diagnostics, monitoring, and respiratory support, through their strong ICU and Emergency Services.

August, 2025

The CSR Circle of Honour

Recognising the Champions of a Worthy Cause



Our Founder Sri Madhusudan Sai (L) felicitating representative of OneSight EssilorLuxottica Foundation (R)

OneSight EssilorLuxottica Foundation, represented by Mr Dharmaprasada Rai (Chief Manager) was recognised for its unwavering commitment to universal vision care. Mr Dharmaprasada Rai, an alumnus of Sri Sathya Sai Loka Seva Balakuteera, Alike, and the Sri Sathya Sai Institute of Higher Learning, represents the organisation's noble ethos of providing clear vision for all. As a global collaboration partner of the World Health Organization's SPECS 2030 initiative, the Foundation has played a key role in making quality eye care accessible across various backgrounds.



Our Founder Sri Madhusudan Sai (R) felicitating representatives of ASM Technologies Ltd (L)

ASM Technologies Ltd represented by Ms Preeti Rabindra (Chairperson of the CSR Committee) was honoured for their commitment and contributions to our mission at SMSIMSR. Utilising their decades of expertise in Engineering Designed Manufacturing, they are driving progress for Indian and global communities. The critical medical equipment they have provided to the Sri Sathya Sai Sarla Memorial Hospital will go on to help countless patients in need.

August, 2025

Right to Heal with Laparoscopic Surgery

Patient Recovery Story: Ravi Kumar Home Town : Chikkaballapur

Mr R.A. Ravi Kumar is a 63-year-old tourist guide from Chikkaballapur. He had been suffering from persistent stomach pain which began interfering with his general well-being and day to day activities. His concerns led him to seek treatment in a nearby private hospital where the attending doctor conducted a preliminary examination, identified the underlying issue, and advised him to seek advanced medical care at a higher centre

Mr Ravi Kumar approached SMSIMSR for additional evaluation and treatment. He was examined by Dr Bharath, who diagnosed the need for surgical intervention and admitted him to the hospital for the procedure. Soon after, Mr Ravi Kumar successfully underwent a laparoscopic extended right herniotomy.



Mr Ravi Kumar successfully underwent a Laparoscopic Surgery

Since then he has been gradually recovering under the vigilant supervision and care of the capable medical staff at the hospital. He is responding well to treatment and is expected to be discharged soon in a healthy and stable condition.

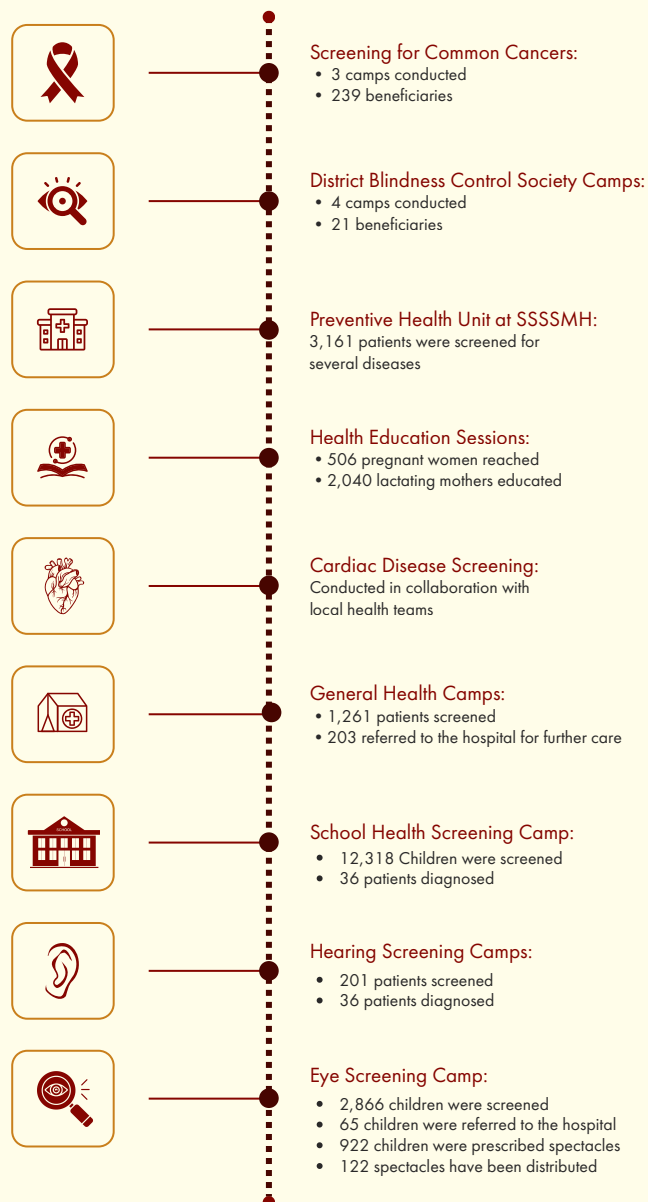
Thanks to the zero-cost treatment policy at SMSIMSR, Mr Ravi Kumar has been relieved of the pain he had been enduring and can begin to resume his life. He expressed his heartfelt gratitude for the compassionate treatment he received and praised the doctors and nursing staff for their kindness, professionalism, and commitment to providing the best possible care throughout his stay at the hospital.

Testimonials

Community Outreach – Department of Community Medicine, SMSIMSR

As of August 2025, our impact includes:

The Department of Community Medicine continues its dedicated mission to improve community health through targeted outreach and preventive care programs. Our efforts span from early detection of diseases to empowering individuals with health education.



Impact

Through these initiatives, the Department remains steadfast in its vision—building healthier communities through prevention, education, and compassionate care.

SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services

Doctor's Corner

The Little Heaven – A Poetic Reflection from Sathya Sai Grama



Dr Abhishek K M

MBBS, MD Anaesthesiology, DNB

Dr Abhishek is an alumnus of Sri Sathya Sai Loka Seva Institution, Alike. He completed his MBBS from Government Medical College followed by MD and DNB in Anaesthesiology, from Devraj Urs Institute for which he was awarded a Gold Medal. He has previously served at reputed hospitals such as BGS Global and Fortis Hospital, Bangalore. He is currently serving as Intensivist and Anaesthesiologist at **Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR), Muddenahalli**

'BE a BEE'

It is such a beautiful experience to see a garden full of flowers. Flowers bloom in different colours. Hues of pink, lavender, purple, yellow, red, blue, white and so on. Amidst all these mesmerising flowers, what catches our attention is a BEE!

Whatever may be the colour, fragrance, texture, size, location of a flower; it sucks best of the nectar. It does not differentiate between flowers. "Concerned only with getting the finest nectar from each flower."

What a lesson! Whoever the individual may be that we are dealing with. How beautiful would it BE, to be a BEE, taking only positive, best and finest aspects from each of them. Let's all try to BE a BEE.

Medica Musings



Gratitude

The more we share, the more it grows.



August 2025 Edition

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