



SRI MADHUSUDAN SAI INSTITUTE OF MEDICAL SCIENCES AND RESEARCH

SARVE SANTU NIRĀMAYĀḤ
MAY ALL BE HEALTHY

NEWSLETTER APRIL – 2026 EDITION



SATHYA SAI GRAMA, MUDDENAHALLI, CHIKKABALLAPUR, KARNATAKA – 562101



CONTENTS

- Compassion in Every Step
- Our Impact Numbers - April 2026
- SMSIMSR Secures NABH Recognition
- Nourish to Flourish: A Multidisciplinary Dialogue
- Advancing Healing Through Rotary Partnership
- Global Recognition for Dedicated Service
- Bridging Knowledge and Surgical Practice
- Patient Story: Saving the Breadwinner
- Community Outreach – April 2026
- SMSIMSR - Scope of Services

Compassion in Every Step

Celebrating the Spirit of Nursing this Nurses' Day



Apoline Theresa Lobo

Nursing Superintendent — SMSIMSR

"Nurses may not always be remembered by name, but their care is remembered for a lifetime."

In the heart of every hospital, beyond technology, treatments and procedures, stands a nurse — a symbol of compassion, strength and hope. Nurses are often the first to comfort, the last to reassure and the constant presence beside every patient's journey.

Nursing is not merely a profession; it is a calling rooted in service, empathy and dedication. Every day, nurses carry the responsibility of healing with both skill and humanity. Whether in critical care units, emergency rooms, operation theatres, wards or community outreach programmes, nurses touch lives in ways that often go beyond medicine.

At SMSIMSR, nursing reflects the values of compassionate healthcare and selfless service. The commitment shown by nurses in caring for patients with dignity, patience and professionalism continues to strengthen the institution's mission of delivering quality healthcare to all. Their silent sacrifices, long hours, emotional resilience and unwavering commitment make them the backbone of healthcare delivery.

This Nurses' Day is an opportunity to recognise not only the clinical excellence of nurses but also their emotional strength, teamwork and leadership. Nurses serve as caregivers, educators, counsellors, advocates and healers — bringing comfort during uncertainty and hope during difficult times.

In today's rapidly evolving healthcare environment, the role of nurses has expanded significantly. Continuous learning, evidence-based practice, patient safety initiatives and quality improvement measures demonstrate how nursing continues to evolve while remaining deeply centred on compassionate care.

As we celebrate Nurses' Day, we extend our heartfelt gratitude to every nurse who serves with dedication and humanity. Your kindness heals beyond medicines, your courage inspires confidence and your service creates lasting impact in countless lives.

To every nurse — thank you for your care, your strength and your unwavering commitment to humanity.



Sri Madhusudan Sai Institute of Medical Sciences and Research (SMSIMSR) India's First Free Rural Medical College



SRI SATHYA SAI SARLA MEMORIAL BLOCK



CT SCAN



CATH LAB



MRI

Salient Features

October 2021 to April 2026

						
Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Operating Theatres	ICU Beds	Total Beds
1,458,898	66,055	41,844	8,022	7	56	360

April 2026

						
Outpatient Visits	Inpatients Admission	Surgeries	Newborns	Outpatients Per Day	Doctors	Other Staff
34,938	1,678	1,135	200	1,322	271	716

Departments

Clinical Departments

- General Medicine
- General Surgery
- OBG
- Paediatrics
- Orthopaedics
- ENT and Head Neck Surgery
- Ophthalmology
- Respiratory Medicine
- Psychiatry
- Dermatology
- Cardiology
- Dentistry
- Emergency Medicine
- Pain Relief Clinic
- Anaesthesiology
- Endocrinology
- Neurology
- Dialysis
- Palliative Care
- Cardiothoracic and Vascular Surgery
- Immunology
- Genomics
- Robotic Surgeries in CTVS and Orthopaedics

Specialities with Visiting Faculty

- Urology
- Nephrology
- Rheumatology
- Podiatry
- Gastro Surgery



**Sri Madhusudan Sai Institute of
Medical Sciences and Research (SMSIMSR)**
India's First Free Rural Medical College



SRI SATHYA SAI RAJESWARI MEMORIAL BLOCK



Auditorium



Library



Dissection Hall



Lecture Hall



Digital Library



Departmental Laboratory



Museum



Research Laboratory

COURSES OFFERED

Undergraduate Courses

Courses	Seats
• MBBS Course	50
• B.Sc. Nursing	60
• B.Sc. Mental Health	15
• B.Sc. Optometry	20
• B.Sc. Medical Imaging Technology	20
• B.Sc. Medical Laboratory Technology	20
• B.Sc. Operation Theatre Technology	20
• B.Sc. Cardiac Care Technology	05
• B.Sc. Perfusion Technology	05

Postgraduate Courses

Courses	Seats
• MD Anatomy	02
• MD Physiology	02
• MD Biochemistry	02
• MD Pathology	03
• MD Microbiology	03
• MD Community Medicine	03
• MD Pharmacology	02
• MD General Medicine	04
• MD Anaesthesia	04
• MD Paediatrics	03
• MD Radiology	02
• MS General Surgery	04
• MS Obstetrics & Gynaecology	04
• MS Orthopaedics	03
• MS Ophthalmology	02
• MS Otorhinolaryngology	02

Departments

Pre and Para Clinical Departments

- Anatomy
- Physiology
- Biochemistry
- Pharmacology
- Pathology
- Microbiology
- Forensic Medicine
- Community Medicine

SMSIMSR Secures NABH Recognition

Joining the 3% of Hospitals Aligned with National Benchmarks



Sri Madhusudan Sai Institute of Medical Sciences and Research has received Entry-Level Accreditation from the **National Accreditation Board for Hospitals and Healthcare Providers**, affirming that its completely free healthcare services meet established national standards in patient safety, infection control and hospital management.

Recognised as India's first free rural medical college, SMSIMSR has been dedicated to delivering advanced medical care without financial barriers since 2018. This accreditation reflects the systems and protocols in place to ensure consistent quality across clinical and administrative functions, while maintaining a patient-centred approach.

Across India, out of an estimated 80,000 to 90,000 hospitals, only a small proportion meet NABH standards, with around 3% holding Entry-Level certification. With this recognition, SMSIMSR joins a select group of institutions that adhere to structured quality benchmarks, demonstrating that high standards of care can be sustained within a free healthcare model.

The accreditation process involves a comprehensive evaluation of hospital practices, including patient rights, clinical care, safety measures and operational efficiency. Achieving this certification highlights the institute's ongoing efforts to align compassionate service with measurable quality outcomes.

Guided by the vision of **Sadguru Sri Madhusudan Sai** and the **One World One Family Mission**, the institute continues to work towards equitable healthcare that is both accessible and reliable. This recognition reinforces the belief that care delivered without cost can also uphold the highest standards, ensuring that underserved communities receive treatment with dignity and trust.

Nourish to Flourish: A Multidisciplinary Dialogue

SSSUHE Brings Together Nutrition and Agriculture Disciplines at SMSIMSR

The **Department of Nutrition and Dietetics**, in collaboration with the **Diploma in Agricultural Sciences at Sri Sathya Sai University for Human Excellence**, conducted an engaging academic session on 9th April centred on the theme "Nourish to Flourish". Reflecting the University's Gurukulam-based approach to values-driven education, the programme brought together clinical insight and agricultural knowledge, emphasising the interconnectedness of disciplines in addressing broader societal needs.

The session opened with discussions by nutritionists on recent developments in intensive care nutritional therapy. Emphasis was placed on systematic screening and nutritional assessment, alongside evolving approaches such as permissive or hypocaloric feeding. The speakers highlighted the importance of moving beyond outdated practices, encouraging evidence-based strategies over the conventional tendency to overfeed, even during the initial days of admission. Attention was also drawn to gut-friendly feeding practices that support recovery and overall patient outcomes.

A notable segment featured a pilot study conducted at the institute on the use of red rice, locally known as Rajmudi, as a lactagogue. The study involved lactating mothers of low birth weight infants who remained with their mothers while being exclusively breastfed. Conducted over a period of 15 days, the administration of red rice ganji was associated with improved lactation performance, alongside additional nutritional benefits from its micronutrient and fibre content.

The programme also included a student-led presentation from the agriculture department, which explored organic farming practices, methods for cultivating microgreens and mushrooms at home, and the importance of preserving beneficial insects for ecological balance.

In alignment with the University's multidisciplinary ethos, students curated a selection of nutritious beverages and quick meals, demonstrating how knowledge can translate into practical, community-focused solutions. The session reinforced the value of integrating science, sustainability and service in advancing health for all.



09 April, 2026

Advancing Healing Through Rotary Partnership

SMSIMSR Inaugurates Specialised Wound Care Centre

The inauguration of the **Wound Healing and Save the Foot Centre** at **Sri Madhusudan Sai Institute of Medical Sciences and Research** marked a meaningful step in strengthening access to specialised and compassionate care. The centre was formally launched in the presence of **Mr Kamal Kishore Karnani**, along with distinguished dignitaries including **Mr Anil Surana** and **Dr Pradeep Kumar N**, reflecting a shared commitment to addressing complex wound care needs.

This dedicated facility focuses on patients who often face prolonged suffering due to chronic wounds and diabetic foot conditions, particularly in underserved communities where access to timely intervention remains limited. With the support of **Rotary International District 3192**, the centre has been established to deliver advanced clinical care that is both accessible and affordable.

The services offered include evidence-based wound management, specialised care for diabetic foot complications, and interventions aimed at limb preservation. By prioritising early diagnosis and integrated treatment approaches, the centre seeks to reduce the incidence of preventable amputations and improve long-term patient outcomes. Care at the facility is guided by a holistic approach, ensuring that each patient receives not only medical treatment but also the support needed for recovery and rehabilitation.

Through focused expertise and patient-centred care, the Wound Healing and Save the Foot Centre contributes to restoring mobility and improving quality of life for those who need it most. Restoring Hope. Healing Wounds. Saving Feet.



15 April, 2026

Global Recognition for Dedicated Service

SMSIMSR Physiotherapy Head Receives Fiji's Prestigious Recognition

A proud moment for compassionate healthcare and global service was marked as **Mrs Saisree Ranjani Bhatlapenumarthy, Head of Physiotherapy** at **Sri Madhusudan Sai Institute of Medical Sciences and Research**, was conferred the **Honorary Medal of the Order of Fiji in the General Division**. The honour was presented by **His Excellency Ratu Naiqama Lalabalavu, President of Fiji**, in recognition of her contribution to patient care and rehabilitation.

This recognition highlighted her role in supporting His Excellency's recovery and improving his mobility during and following his visit to India in 2025. Her clinical expertise, combined with a deeply patient-centred approach, ensured that care extended beyond immediate treatment and focused on sustained functional recovery.

With more than a decade of experience in rehabilitation, paediatric physiotherapy and multidisciplinary care, Mrs Saisree has consistently contributed to advancing holistic healthcare practices. Her work reflects an understanding that recovery is not solely clinical but also physical, emotional and social, requiring coordinated efforts across specialties.

At the institute, her leadership has strengthened physiotherapy services, enabling patients from diverse backgrounds to access structured rehabilitation support. Her approach aligns closely with the **One World One Family Mission**, which seeks to make quality healthcare available to underserved populations through compassion and service.

This honour serves as a recognition of individual dedication while also reflecting the broader values upheld by the institution. It underscores the importance of skilled rehabilitation in improving patient outcomes and restoring independence.



23 April, 2026

Bridging Knowledge and Surgical Practice

SMSIMSR Brings Together Experts for SCORE 2026



SCORE 2026 at **Sri Madhusudan Sai Institute of Medical Sciences and Research** served as a dynamic platform for academic engagement, bringing together aspiring cardiothoracic surgeons alongside distinguished faculty from India and overseas. Over two days, the programme fostered an environment of focused learning, designed to strengthen both theoretical understanding and clinical readiness.

The programme was graced by **Dr Mylswamy Annadurai, renowned ISRO scientist and Padma Shri awardee**, as Chief Guest. His presence brought a unique perspective on innovation, perseverance and the pursuit of excellence. Guests of Honour included **Dr Satyajit Bose, Chairman of Mission Hospital, Durgapur and former President of IACTS**, along with **Shri Prasad Gundumogula, Founder Chairman and Chief Executive Officer of Gamma Group of Companies, Texas**, whose insights underscored the importance of leadership and vision in advancing healthcare.

Centred on bridging knowledge with practical application, the sessions included real-time simulations, case-based discussions and interactive teaching led by experienced experts in the field. Participants were provided with opportunities to engage deeply with surgical concepts, refine decision-making skills and prepare for the demands of both professional examinations and future surgical practice.

SCORE 2026 reflected a commitment to nurturing the next generation of surgeons through structured academic initiatives that combine expertise with mentorship. By creating spaces for meaningful exchange between learners and leaders in the field, the programme contributed to building confidence, competence and a deeper sense of purpose among participants.

25-26 APRIL 2026

Patient Story: Saving the Breadwinner

A Humble Farming Family's Relief



Bethi Kranti Kumar

Andhra Pradesh

For Bethi Kranti Kumar, a 42 year old farmer from Eluru district in Andhra Pradesh, a diagnosis of portal hypertension due to portal vein thrombosis with jaundice brought serious health challenges along with overwhelming financial strain. The cost of treatment at other hospitals was estimated far beyond what the family could afford, leaving them without options.

Sharing her experience, his wife Suhasini said, "When my husband fell ill, we went to other hospitals and they told us the treatment would cost up to 15 lakhs. We did not have that kind of money. We even had to sell one acre of our land, but it was still not enough."

Through the guidance of a relative, the family came to Sri Madhusudan Sai Institute of Medical Sciences and Research, where Mr Kumar underwent a splenorenal shunt procedure along with biliary bypass surgery. The entire course of treatment, including all investigations and hospital care, was provided free of cost.

Reflecting on their time at SMSIMSR, she added, "Here, they did not charge us a single rupee for any tests or treatment. They also provided us food which was good and given on time every day. The doctors and staff took very good care of my husband. We felt supported throughout this difficult time."

Stories such as theirs highlight the impact of compassionate and accessible healthcare, where the burden of cost is removed, allowing families to focus on healing and recovery with dignity.

Testimonials

Community Outreach – Department of Community Medicine, SMSIMSR

As of April 2026, our impact includes:

The Department of Community Medicine continues its dedicated mission to improve community health through targeted outreach and preventive care programmes. Our efforts span from early detection of diseases to empowering individuals with health education. Through these initiatives, the Department remains steadfast in its vision — building healthier communities through prevention, education, and compassionate care.



Screening for Common Cancers:

- 4 camps in Sidlaghatta taluk
- 167 beneficiaries

Preventive Health Unit at SMSIMSR

3,102 patients were screened for several diseases

Health Education Sessions:

- 845 pregnant women reached
- 953 lactating mothers educated

Cardiac Disease Screening:

Conducted in collaboration with local health teams

General Health Camps:

- 210 patients screened
- 41 referred to the hospital

District Blindness Control Society Camps:

Held four camps in Meluru, Sidlaghatta Taluk Chikkaballpur District 18 screening beneficiaries and facilitating 2 cataract surgeries.

Nutrition Counselling:

Nutrition counselling program was conducted targeting multiple groups, including school children, college students, and patients with diabetes and hypertension. A total of 313 individuals benefited from this initiative.

Swasth Nari Sashakt Parivar Abhiyaan:

Focuses on comprehensive patient profiling through detailed medical history, lifestyle assessment. This structure approach enables personalised treatment planning, early risk detection and continuous health monitoring for improvement patient outcomes in various villages of chikkaballapur dist. A total of 2672 individuals benefited from this initiative.

Community Outreach

SMSIMSR - SCOPE OF SERVICES

DIAGNOSTICS SERVICES

A. LABORATORY SERVICES

- Biochemistry
- Clinical Pathology
- Haematology
- Histopathology & Cytology
- Microbiology & Serology

B. RADIODIAGNOSIS AND IMAGING

- Bronchoscopy
- Computed Tomography (CT) Scan
- Fluoroscopy
- Interventional Radiology
- Laparoscopy
- Magnetic Resonance Imaging (MRI)
- Thermal Mammography
- Ultrasound & Doppler
- X-Ray

SUPPORT & ALLIED HEALTH SERVICES

- Ambulance Services
- Blood Centre
- Nutrition & Dietary Services
- Pharmacy
- Physiotherapy
- Telemedicine

SERVICES NOT UNDER SCOPE

- Medical Oncology
- Neurosurgery
- Nuclear Medicine
- Positron Emission Tomography (PET) Scan
- Radiotherapy

CLINICAL SPECIALITIES

- Anaesthesiology
- Cardiology (CCU & PCCU)
- Cardiothoracic Surgery
- General Medicine (Critical Care / MICU)
- Dentistry
- Dermatology & Venereology
- Emergency Medicine
- Endocrinology & Diabetology
- General Surgery
- Neurology
- Obstetrics & Gynaecology
- Ophthalmology
- Orthopaedics
- Otorhinolaryngology (ENT) and Head & Neck Surgery
- Paediatric Pulmonology & Paediatric Surgery
- Paediatrics (NICU & PICU)
- Pain & Palliative Medicine
- Psychiatry & Clinical Psychology
- Surgical Gastroenterology & Endoscopy
- Surgical Oncology
- Urology (on appointment only)
- Nephrology (on appointment only)
- Plastic Surgery (on appointment only)
- Rheumatology (on appointment only)
- Vascular Surgery (on appointment only)

Services



Gratitude

The more we share, the more it grows.



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